


The Creemore ECHO

HOME & GARDEN EDITION

Friday, May 17, 2024 Vol. 24 No. 20

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Healing homes



For the birds
page 3



Restorers in residence
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The root of plant health
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Baking with
The Contemplative
Cook
p 8-9

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COMMUNITY Calendar

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Saturday, May 18

- **Yard sale and BBQ** from 8 a.m. to noon at the Anglican Church of the Good Shepherd, 219 Scott St., Stayner.
- Creemore Farmers' and Craft Market **outdoor market**, 9 a.m. to 1 p.m. every Saturday until the end of October in the parking lot at 10 Caroline St. E. More info at creemorefarmersmarket.ca.
- **Stayner Legion entertainment**, no cover just great music and good times. This week: The Tom Zinn Band performs from 4 p.m. to 7 p.m. Everyone welcome. For more info call the branch 705-428-3809. Upcoming: Saturday, May 25 - The Elements perform from 4 p.m. to 8 p.m.

Sunday, May 19

- **Lilactree Farm Garden**, open 10 a.m. to 4 p.m. Plants from much of the temperate world including Trillium luteum, Arisaema sikokianum, Dodecatheon meadia, Clematis alpina, Cl. macropetala, magnolias, daphnes, peony species, hosta hedges, set among a woodland of unusual trees with spectacular views over the Boyne Valley. 'An oasis of calm, beauty, and solace.' 'A slice of paradise.' 547231 Sideroad 8, Mulmur L9V 2T5. lilactreefarm@gmail.com.

Wednesday, May 22

- **Community Drum Circle** (weather permitting) Wednesdays from 6:30 p.m. to 8 p.m. on May 22, 29, June 5, 12 and 26. Bring a chair/stool, drum, small percussion instruments, water bottle. Portable washroom on site. Check the EcoPark Community Garden Facebook page for cancellation updates. Free. Clearview EcoPark Community Garden, 300 Mowat St. N., Stayner.
- 100 Women Who Care South Georgian Triangle **meeting** at the Collingwood Legion, 490 Ontario St. A group of 100+ women supporting the work of local charities in our communities. Registration 6:30 p.m., meeting 7 p.m. to 8 p.m. New members always welcome. Visit 100womensouthgeorgiantriangle.com.

Friday, May 24

- **Community taco dinner** from 5 p.m. to 7 p.m. at St. John's Church Hall, 192 Mill St., Creemore. Pay at the door. \$25 per family, \$10 per adult, \$5 per child, kids 5 and under eat free. Eat in or take out. Use sidewalk entrance.
- **Line dancing lessons** every Friday night at Station on the Green. 7 p.m. to 9 p.m. \$15 per person. Beginner friendly, bring your water bottle. Sign up at the Creemore 100 Mile Store or call/text Linda at 705-794-0638.

Saturday, May 25

- Blue Mountains Bruce Trail Club Annual **End to End Hike** from 6:30 a.m. to 5 p.m. at Highlands Nordic, 1182 Nottawasaga Concession 10 South, Duntroon. Join us for a two- or three-day hike covering 69 km on the Bruce Trail. Event cost is \$70 to \$90 depending on duration, visit www.bmbtc.org/events for more information.
- The Creemore Skating Club **Scrap Metal Day and Bottle Drive**. Have your scrap metal, appliances, BBQs, pots and pans, other metal items, liquor and beer bottles ready for pick up by 8 a.m. Place items along your driveway or by your garage and contact the Creemore Skating Club for pick up in the town of Creemore. Special pickups available in New Lowell, Glencairn, Dunedin, Lisle, Mulmur, Clearview. Contact Julie Bigham 705-466-2977, text 705-443-1331, or email creemoreskatingclub@gmail.com.
- Mansfield Women's Institute **garage sale**, 8 a.m. to 2 p.m. at 877428 5th Line East Mulmur. Donations welcomed. Contact Jane, 705-435-8531. Proceeds will go to Dufferin North Recreation Centre Repair Campaign. Rain Date: Sunday, May 26.
- Join Nicole from Purple Tent Wellness at the **Pause Party!** Learn midlife nutritional strategies, share about your menopause journey, dance and let go. Light vegan lunch included. 10 a.m. to 1 p.m. at a private home in Collingwood. Visit purpletentwellness.com for more information and to register. Pay what you can \$45-\$35.
- The Clearview Kin Club presents **Drag Me to Stayner: Barbie World**, featuring Istealya Heart, Xtina Monroe and Beverly Diamond. 7 p.m. to midnight at the Stayner Community Centre. 19+ event, cash bar. Tickets available on Eventbrite.

Sunday, May 26

- Annual **Walk for Alzheimer's**, hosted by the Alzheimer's Society of Simcoe County. Registration 8 a.m., opening ceremony 9 a.m. Walk begins at 9:30 a.m. Simcoe County Museum, 1151 ON-26, Minesing. Contact Kelly Luvisotto, 705-722-1066 ext. 230, kluvisotto@alzheimersociety.ca.

Monday, May 27

- **Learning circle** at the Anglican Church of the Good Shepherd, Stayner. This week: Sleep, hosted by the VON, 7 p.m. to 9 p.m. in the lower church hall. Accessible venue, free to attend. Upcoming learning circle topics: June 10 - Grief with Sonja. Free.

Tuesday, May 28

- **Art Drop-in** at Station on the Green every Tuesday from 10 a.m. until noon – a casual get-together for creative types. Coordinated by Martha Bull of Mill Street Art Studio. Participants are asked to bring their own projects and materials. Cost is \$10 or pay what you can.
- **The Station Café** is open Tuesdays from 10 a.m. to noon at Station on the Green, 10 Caroline St. E., Creemore. \$2 fee for a bottomless cup of coffee or tea. Everyone welcome.
- Creemore Drumming Collective **facilitated drum circle**, 1:30 p.m. to 2:30 p.m. at Station on the Green. Contact Barb, bhalsall12@gmail.com for more information. \$25 for a four-week session.
- Clearview Public Library **Swamp Cooking after-school program**. Tuesday, May 28 at 3:30 p.m. in Stayner; Wednesday, May 29 at 3:30 p.m. in Creemore; and Thursday, May 30 at 4 p.m. in New Lowell. Recommended for kids in Grades 3-9. Free to attend. Registration required, clearview.library.on.ca. On the menu: Muskeg Stew, Bog Juice and a delicious swamp rat treat for dessert.
- Randy Hillier, former MPP and leader of *No More Lockdowns*, will be hosting a **meeting** at Station on The Green in Creemore from 7 p.m. to 9 p.m. Come for an exciting and impactful evening. Advance tickets \$20 available at <https://tinyurl.com/RandyHillier> or at the door. For more info, email insightfulevents16@gmail.com.

Saturday, June 1

- Stayner Garden Club **plant sale** from 8 a.m. to noon. Stayner Community Centre. Cash sales only.
- 1st Creemore Scouting **Bottle Drive** from 9 a.m. to 1 p.m. at the Creemore Legion. All refundable bottles, cans and pop cans can be dropped off at the east side of the Legion, 27 Wellington St. W. or call Ginny 705-441-6055 or Mark 705-718-9635 for pick up.

Saturday, June 8

- The Great Northern Exhibition **steak dinner and dance** at the GNE Fairgrounds, featuring A Touch of Vinyl playing music from the 50s and 60s. Prize draws and silent auction. Cocktails served at 6 p.m., dinner at 7 p.m. \$50 per person. Tickets available at Stayner Town and Country, D&L Variety, and Mountain Men, or via etransfer to admin@greatnorthernex.com.



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Open door

by Trina Berlo

A sure sign of spring is when the door of the red barn at the top of town slides open to indicate **Allan Austin's** workshop is open for business.

Austin says he spends about four or five hours in his workshop most days from spring until fall, listening to old country music on the radio and working on his latest woodworking project.

Why? He does it to stay sane, he says, preferring to putter in his workshop than watch TV all day.

The 77-year-old has been retired from the banking business for 20 years and now lives with his daughter and son-in-law, who have handed over the keys to their little red barn at the corner of Mill Street and County Road 9. His operation spills out onto the sideyard, where Austin can often be seen throwing up a plume of sawdust with his saw.

Austin took up woodworking in his retirement, back in his hometown of Bracebridge.

"I started putting stuff out, and it sold," he said with some surprise. "I had walking sticks going by the dozens."

He started making burnt letter signs for cottages, benches, plant stands, bathhouses and lots of different birdhouses, and feeders.

Austin says he doesn't really promote himself as a custom woodworker but he does get some unusual requests, which he may or may not accept. He has in

the past made houses for hamsters and parrots.

He prefers to take a creative approach, making things that are inspired by pieces he sees on his travels or things people have brought to his attention. The fence adjacent the barn is adorned with Austin's birdhouses, and the tikis he saw when he was at a tiki bar in Florida. When he sees something that inspires him, a familiar refrain goes through his mind: "I can make that."

Austin repurposes a lot of his material and upcycles found objects. An offcut from a wooden bunny will become a moustache for a tiki, and an old ceramic bowl makes an ideal vessel for birdseed.

He said he likes variety and enjoys taking on a new challenge. When a friend brought him a wooden fish with hooks, he made a couple to sell. When his daughter's garden angel began to deteriorate he made her a new one and several others for his gallery. The whimsical inverted birdhouses with faces are inspired by something his granddaughter saw. Some are in tribute to local sports teams – the Raptors and the Leafs – but there is usually a Boston Bruins one on the wall (his son-in-law is fan, hence the name of the barn, Bruins Den.)

Red Barn Crafts is located at 247 Mill St., Creemore. For service, it's best to drop in when the doors are open. Austin is always willing to take a moment away from his work to chat and make a sale.



Clockwise from above: **Allan Austin** surrounded by a plume of sawdust at Red Barn Crafts; some of his creations – inverted face birdhouses; a paint booth made out of cardboard; cheeky cottage sign; tikis.




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Saturday, June 8

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Tickets can be purchased at the event or by sending an e-transfer to teddybearspicnic@rogers.com

All are welcome!

OPINION & Feedback

Feedback and old photos welcome
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 fax 705-466-9908

LETTER FROM THE EDITOR

Come on in

Welcome to the 2024 spring Home and Garden edition. *The Creemore Echo* is honoured to share with you this special edition that celebrates growth and nourishment as we mark the changing of the seasons and welcome sun and warmth.

This year, we are telling stories that illustrate how our homes can serve as a place for sanctuary, health and healing.

This theme developed somewhat organically but proved to be a path worth exploring.

In these pages you will read about people who use their homes to heal and nurture – both themselves and others.

Improvements made, meals cooked and passions fulfilled – these are all ways we give love to our homes and the people we share them with while hopefully accepting the love that is reflected back to us.

The act of caring for people, pets, wildlife, trees and plants has unseen rewards. A home can do a great deal to heal our bodies and souls. It is a place where we can make physical health a priority, feed our creativity, prioritize healthy eating and get some much needed rest.

As always, we are eternally grateful to those who open their doors to us and are willing to share their stories.

In this package of articles about a woodworker, DIYers, a home cook, landscaper, arborists, cabinet maker, gardeners, personal trainer and entrepreneurs there is a common thread; people are prioritizing physical, mental and spiritual wellness in their homes.

In most cases they share their passion and knowledge with the community through a home-based business of some kind, creating an opportunity to connect and help people find success in their endeavours in the home and in the garden.

We hope readers will find inspiration in the stories herein, and at the very least, learn a bit more about the people who are using their homes to feed their creativity and quest for knowledge.

From all of us at *The Creemore Echo*, we wish all of our readers a healthy and happy spring.

Remember to visit us at the Creemore Farmers' Market this Saturday. Trina and Anna will be manning a booth from 9 a.m. to 1 p.m. and we would be delighted to accept your feedback and contributions (we will be accepting debit and credit cards, in addition to cash and cheques).

All subscription options are posted at creemore.com/shop. Boosters (\$75); champions (\$100) and patrons (\$200) and any larger contributions are recognized in upcoming editions of the newspaper.

The Creemore Echo is independently owned and relies on subscriptions and advertising revenue to maintain operations. The small but mighty team strives to cover local news and events believing wholeheartedly that a healthy community newspaper builds strong communities.

We look forward to seeing everyone and celebrating opening day of the market, a true kick-off to the growing season.

THE WAY WE WERE



From a 1927 edition of *The Creemore Star*, an ad for Flit. The discontinued product had a hand automated atomizer called a Flit gun used to spray deet, before the negative environmental impacts of the insecticide were widely understood.

LETTER

Difficult decision to keep nursery closed

Editor:

I would like to take this opportunity to thank all the friends and supporters of Cut and Dried Flower Farm.

Cut and Dried Flower Farm has been in full time operation since 1993. We are a family business and many of you will remember our kids assisting in the greenhouses and at the Farmers' Market. Over the past 30 years, Chris and I have built this business from scratch, starting with just one tiny greenhouse and growing to a unique, full and thriving business with over 10,000 square feet of growing and retailing space. I have made it my mission to grow an incredibly full and interesting range of high quality plants, as well as focusing on providing outstanding customer service.... all along, developing and nurturing a culture of positivity, respect and passion for gardening amongst both customers and employees. We are very proud of the business and community that we have built.

Alongside Cut and Dried Flower Farm, we have been running Complete Outdoor Services Inc., our landscaping and property maintenance company, that Chris founded in 1988. 2024 will be our 37th year of operation. We provide personalized landscaping, lawn maintenance and garden maintenance services. I lead a garden division that employs eight people, taking care of over 60 properties. I design and understand gardens and love doing it!

Successfully leading two businesses for all this time has not been easy. Last year, I made the difficult decision to take a sabbatical from the Flower Farm,

with the full intention of reopening in 2024. I have spent this past year doing a lot of soul searching and recognize that I am just doing too much. As much as I love growing plants and my brain craves the hustle and challenges of running the farm, I know deep down that I can only sustainably manage one business at a time. So, Chris and I have made the difficult decision that Cut and Dried Flower Farm will remain closed for the foreseeable future.

Now, I say "foreseeable" future for a reason. Never say never. For now I will keep focusing my energy towards Complete Outdoor Services Inc. and work on the design, installation and maintenance of our client's gardens. In the future, Chris and I hope to return to growing plants and reopen the farm someday.

I'm sending out a huge thank you to all our loyal customers and friends for 30 years of community, support and inspiration to grow the Flower Farm. I am honoured that you chose to support our business. Thank you, all employees, whether you were with us a few months or many years. Your contribution has been integral to the success of the farm. Thank you to everyone now for your understanding.

So as you get to work in your own garden this spring or simply enjoy and appreciate a garden that others create, I will leave you with a phrase that I coined during those difficult pandemic years, "Let a garden bring joy to your life!"

In gratitude,

Katie Dawson,

Cut and Dried Flower Farm, Glencairn

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Welcoming the rejuvenating power of the sun

Spring is a heart expanding wellness season! There's the glorious cacophony of green from sprouting trees, bushes, and grasses. The return of colour in the patch of spring flowers pushing up from the sun-kissed earth. The

WELLNESS



Nicole HAMBLETON

melody of chirps from fair weather birds and the tinkle of wind chimes that have been hung back up after a long winter hiatus. Not to mention the longer sunlight hours and the gentle warming of Mother Earth.

My father once told me I'm solar powered and I, like many of you, find energy, purpose and joy soaking in the rays of the sun.

I recently returned from Peru where I was blessed to visit Machu Picchu; a 5th-century UNESCO world heritage site located on a 2,430-meter mountain ridge nestled between the Peruvian Andes and the Amazon Basin. Breathtaking does not even

come close to the awe and wonder you feel when you first take in the view. The Incan people referred to themselves as "children of the sun" and there are many temples and observatories dedicated to Inti (the sun) where on the summer and

winter equinoxes an other-worldly play of light and shadow honours the power of the sun. Many who visit Machu Picchu go for sunrise so they can witness the incredible dance of sunlight on mountain, stone, and structure.

The Incas and other Indigenous peoples knew they were dependent on the sun for survival. The sun was necessary for warmth, to grow food, but also to open and expand their hearts. It was believed that the sun was a reflection of Source or God, one's true nature. Many ancient Incan ceremonies honoured the sun within and without. Think about how you feel when you

stop, close your eyes and take a deep breath on a warm spring day. Do you notice your body relax? Do you feel a sense of joy, contentment? When you are outside in the garden with the sun warming your back, and your hands covered in dirt, do you feel a greater sense of connection? Do your thoughts slow? Are you more present? If you have felt any of these sensations then you are cultivating connection with your heart.

We live in a world that places great significance on our minds, our thoughts, our education, our achievements. We are conditioned to be "talking heads" disconnected from our hearts and bodies which can manifest as anxiety, addiction, or physical imbalances. In my life, ignoring the whispers of my heart lead me down a path of anxiety and addiction. It was my heart that helped me recover.

It has been said that the longest journey you will make in life is from your head to your heart. I couldn't

agree more. The language of the heart is subtle. Quiet. You need to be still and listen deeply within. Our culture isn't really set up for quiet reflection but nature is ripe with opportunity for heart connection. Take a moment to breath deeply with the sun, or walk barefoot on the earth. Enjoy a quiet walk in the forest and notice how it changes you. These simple strategies repeated will forge a pathway to your heart and free your mind. The Incas built inspiring temples to honour the sun. We can walk outside, open our hearts and build a temple within.

I look forward to seeing you at the Community Healing Collective Wellness Day at Creemore Station on the Green from 11 a.m. to 4 p.m. on Sunday, June 9, a no-cost event to connect our community in health.

Nicole Hambleton is a wellness coach, meditation, and energy medicine practitioner living in Mulmur. Follow her on Instagram@purpletentwellness.

Fight the bite and protect yourself from ticks, diseases they carry

When heading outside to enjoy the spring weather, remember that woodland trails and grassy areas can also be home to blacklegged ticks that may carry Lyme disease, a serious but preventable illness. The Simcoe Muskoka District Health (SMDHU) offers information to help you prevent bites and what to do if you find ticks so that you can focus on enjoying being outdoors.

Ticks are more common across Ontario and Simcoe Muskoka as climate change is creating more tick-friendly environments and lengthening the season during which ticks are active. They prefer to live in moist shaded environments, especially leafy wooded areas and overgrown grassy habitats.

Lyme disease is passed through

the bite of an infected blacklegged tick. Early symptoms may include fever, chills, headache, muscle and joint pain, fatigue, and an expanding red rash, and may begin three to 30 days after being exposed. Most cases of Lyme disease can be successfully treated during the early stages, when the first symptoms appear. More severe symptoms including recurring arthritis, neurological problems, and heart disorders can occur if left untreated.

You can reduce your chance of exposure by taking the following actions when heading outdoors in grassy or woody areas:

- Wear light-coloured, long-sleeved shirts and pants, and shoes with closed toes, and tuck your pant cuffs into your socks. Light-coloured clothing makes ticks easier to see.

- Use an insect repellent with DEET or Icaridin, being sure to read the label and follow the directions.

- Stay on the trails when possible when walking or biking in the woods and other natural areas.

- After spending time outdoors, do a full body tick check on yourself, your family and any pets as soon as you can and at least before you go to bed that day. You can use a mirror or ask someone to help you check any hard to see places. Removing a tick within 24 hours can prevent infection, so taking a shower within two hours of being outdoors can help to wash away any loose ticks before they bite.

- If you find a tick, remove it as soon as possible and check the rest of your body as there could be more. Once removed, visit eTick.ca to identify

the tick and follow the guidance provided. If you develop any symptoms associated with Lyme disease, be sure to speak with your health care provider.

Avoiding bites, removing ticks quickly if bitten and early detection can effectively prevent Lyme disease and other tick-borne illnesses including Powassan virus, Anaplasmosis, Babesiosis, and Borrelia miyamotoi disease. In Ontario, the risk for these other tick-borne diseases is low.

Find more information about ticks, Lyme disease and other tick-borne illnesses at smdhu.org/ticks or call Health Connection at 705-721-7520 or 1-877-721-7520 weekdays between 8:30 a.m. to 4:30 p.m.

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“What have I done?” He reminded himself, “I am going to bring this house back.”

During a spring visit, **Jerry Jordan** returned to the home for the first time since his mother sold it in the 1980s. He sits with Slattery at the kitchen table located in the same spot that the Jordan family had their meals.

When the Jordans had the property located on the south half of Lot 7 Concession 4, the 100-acre farm plot was intact. They kept 25-30 cattle and crops, some of which they had to cross the river to tend. On the property there are fenceposts the Jordans dug by hand, the stone foundation of the old barn, field stone pile, fruit trees, and a rhubarb patch.

Jordan has many happy memories of growing up on the farm with his father Bill, who was known for his strength, and his mother Kate, who was known for her wit. There were five children living in a four-bedroom house, after a small room was added at the end of the upstairs hallway, which was later converted into a bathroom when plumbing was installed.

An original narrow staircase leads to the second floor. Jordan admits he once threw his brother over the railing and down the narrow staircase but luckily his father was there to catch him.

He remembers doing his homework by the warm glow of the coal oil lamps before electricity was installed. He said the electric light felt cold and too bright in comparison. Jordan recalls sitting at that table when lightning hit the house and a plume of fire burst

out of the outlet across the kitchen, leaving his ears ringing.

He and Slattery talk about where the doors and windows were located, and where the wood stoves and Quebec heater used to sit.

The Jordans bought the property around 1943, and years later parcels have since been sold off to create lots along the river, leaving about 14 acres with the house.

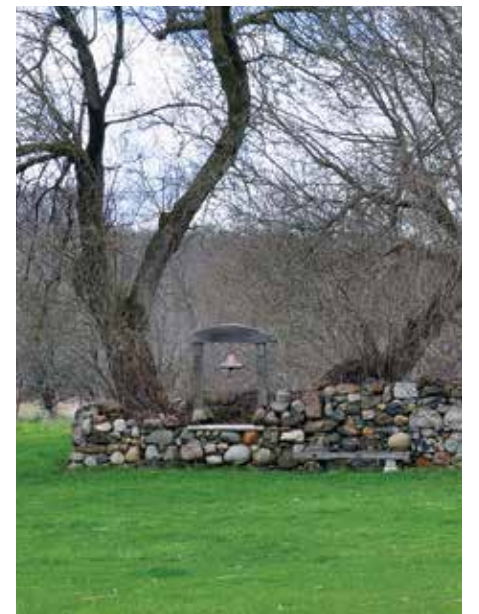
Slattery said when restoring the house he was very aware that he didn't want it to look like a Home Depot house. Because all the trim and baseboards had been removed he took steps to recreate them as best he could.

By Year 6 the house was habitable and Susan moved in. By Year 8 Slattery refers to the house as reasonably done. As a finishing touch, Slattery made almost 700 pickets to build a stylized picket fence across the front of the house, and had a friend make a wrought iron house design to be mounted on the Juliette balcony.

If Slattery has any words of wisdom for young people today, he urges them to see the value in restoring an old house and buying used materials as a way of making a home. His advice: Focus on one room and make it really nice, and go from there.

Opposite page: **Jim Slattery** and **Susan Ross**; Slattery and **Jerry Jordan** reminisce about the old farmhouse; the chickens.

This page: **Louise** is fed an apple by Ross; the foundation of the old barn; a pear tree in bloom.



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Recipe for peace

by **Trina Berlo**

Upon visiting The Contemplative Cook, there will be a warm welcome and the offer of a hot beverage before sitting down at **Alissa Price's** kitchen table for a chat.

Over a cup of tea she tells me that people who book a mindfulness cooking session with her may do so for personal reasons – some are hoping to learn how to prepare a specific dish and others are interested in the experience – but she can't really say what motivates them deep down.

She says although food is the entry point for the conversation, for her mindful cooking is more about the process of preparing something in a way that allows one to experience all of the sensory opportunities presented, from the steeping of the tea, to the measuring of ingredients and using one's hands to wield tools or mix dough.

"It's a calming process from start to finish," says Price.

During my visit to Price's Dunedin home, we made brown butter cookies topped with edible flowers grown by New Life Farms in Chatsworth.

While the dough is chilling, Price puts out a spread of her homemade artisanal goodies – sourdough bread

with soft cheese made from yogurt and preserved in wild leek infused olive oil; chicken liver paté topped with cherry basil chutney; and some of her precious handmade butter.

One of her favourite things to do is make preserves. She says she seeks out small scale growers, often forming a personal connection with them, and when possible picks the fruit herself. She sets aside a whole day to prepare and jar the fruit, pickle, or tomato sauce knowing that at an opportune time she will be able to access the flavours and the colours of the season preserved in the jar to make a meal or gift to a friend.

The Contemplative Cook initiative is inspired by Mary's Kitchen, a local movement started by Price that resulted in a big group of volunteers that would prepare meals for people who needed support. This new project, says Price, is a little more aligned with her personality. A little introverted, she says she enjoys the act of cooking with one or two people, so she can be more herself.

The act of mindful cooking is about noticing the details – the texture, flavours, colours and smells. It hones the focus and forces one to be present.

"Cooking naturally lends itself to a mindfulness practice," says Price.

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After a 20-year career as a sign language interpreter, Price now works as a nanny and cook. She has had formal education and training in meditation and mindfulness, and looks to integrate the lessons learned in more formal settings into every day life.

The hope is that people leave a session with the Contemplative Cook with something that they made but also with a sense of peace, and an awareness of how it was achieved. She says practising mindfulness can slowly shift a person's perspective over time.

"The kitchen really is the place where it all comes together," says Price. "Going through the rhythm of cooking helps direct our attention to something nourishing and beautiful."

The Contemplative Cook is offering three spring cooking sessions options: the brown butter cookies, rhubarb jam, or spring pea and leek soup with sourdough bread. For more information, visit thecontemplativecook.com.

Clockwise from top left: Tools and ingredients laid out for a Brown Butter Cookie baking session with The Contemplative Cook **Alissa Price**; pressing edible flowers into the cookie dough; Price's homemade artisanal goodies; fresh cheese and leek infused olive oil on fresh sourdough bread.



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it is early May when a small herd of five Jersey cows walk from the barn and out towards their first taste of spring grass

as i walk nearby in the forest towards

wild ramps, found in secret clusters in quiet places, their bright verdant tips the first green to be spotted under nearly bare trees.

the lifespan of a wild ramp accompanies the arrival and departure of daffodils, tulips, and the trilliums that speckle the forest floor

as fiddleheads rise up, swirled, and unfurl towards the wild apple blossoms that open to attract the bumbling bee.

meanwhile, at the right moment

the cows turn towards the barn for their milking as i return to my kitchen to rinse ramps under cool water, and reach for the cheesecloth drying by the open window.

A contemplative recipe by Alissa Price.



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A landscape design incorporating native plants like pink Echinacea, dark stemmed Penstemon, Diervilla (a foxglove cultivar) – nature’s North American honeysuckle bush, little blue stem grasses and tiger eyes sumac.

Landscaping for the planet

by **Bonnie MacPherson**

An important part of her job as horticulturalist and client liaison at Hill ‘n Dale Landscaping is education, according to **Elizabeth Hitchens**. The Terra Nova based firm has been *enhancing the beauty outside* for 30 years with custom hardscaping, garden design, irrigation and lighting. Hitchens, who was trained at the Niagara Parks School of Horticulture, says people are gradually becoming more ecologically aware, but not everyone has yet embraced the movement away from massive lawns toward environments that are more accommodating to insects and wildlife.

Hitchens notes that the grass in your lawn is actually made up of exotic,

invasive plants which were originally imported for animal fodder. Years ago, she says, a drive in the country would result in a bug splattered windshield. While fewer bugs on the windshield may be welcome, Hitchens says there has been a corresponding reduction in the population of songbirds.

“We need to plant less invasive, more beneficial landscapes,” she says.

Hitchens points to the area around the Tower of London as a shining example of more sustainable design. “What was once all lawn has now been planted with wildflowers.”

Locally, Hitchens has seen an increase in people inquiring about food forests; sensory gardens which can include visual, auditory and tactile

stimuli to help with mindfulness and stress relief; pollinator gardens and meadow lawns which benefit the environment; drought resistant gravel gardens; and rain gardens designed to allow heavy downpours to penetrate the soil.

When Hill ‘n Dale takes on a new landscape design client, Hitchens says, the first phase of the process is a long in-depth questionnaire that helps identify what the client wants down the road. She recommends this type of planning for anyone starting to design a landscape.

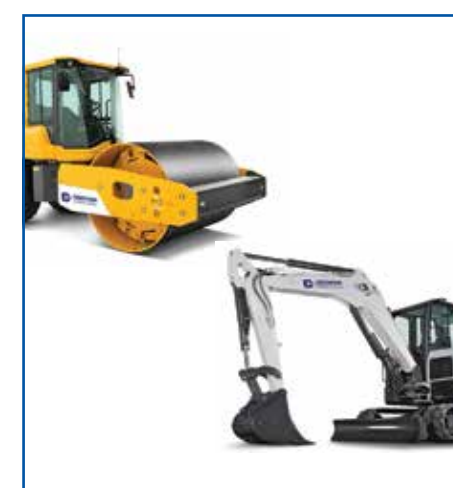
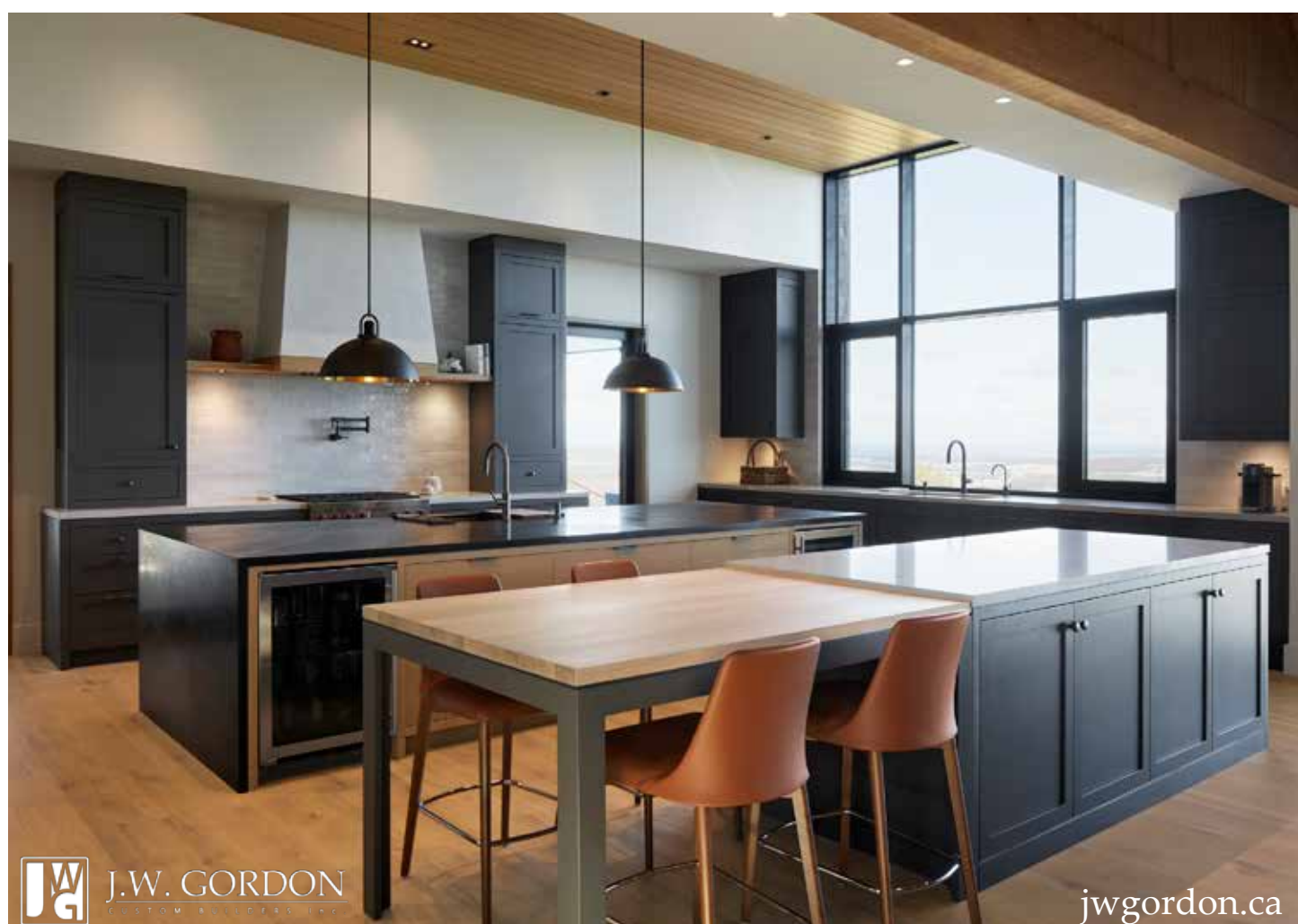
“It prompts you to think of things you might not have considered,” she says. “Lots of problems with drainage can be dealt with at the design stage.

You can run power or water lines to accommodate an eventual pool or cabana. It doesn’t cost much but then it’s there.”

A good landscape design, she says, can be executed in stages, but it’s important to have a vision of what it will be when it’s done.


For someone taking on an existing garden, she suggests living with it for the first year to look at what is growing now, what you like, and what you would prefer to edit.

“If you have a view, think about what part of that view you want to preserve,” says Hitchens, adding, if you currently look out on an open field but will eventually have neighbours, you can plant now for privacy down the road.




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Good landscape lighting can be an important element of making your outdoor space feel like an extension of your living area. Hitchens encourages the use of warm lighting because it interferes less with the circadian rhythms of insects and amphibians and their mating habits.

She says people are becoming more aware of invasive plants, many of which used to be garden favourites. Gout weed, periwinkle and lily of the valley are all invasive, and burning bush may soon be added to that list.

“They have berries which birds eat and then spread into the woods where they crowd out native plants like trilliums,” says Hitchens, who advocates using at least 30 per cent native plants in any landscape, and supplementing with non-invasive ornamental plants for visual interest.

Hill ‘n Dale services clients from Collingwood and The Blue Mountains to Caledon. They help with everything from small gardens to multi-year installations which can cost millions. In addition to new design and build projects, they offer a landscape maintenance service. As a horticulturalist, Hitchens says it’s nice to be able to keep the shrubs trimmed and the plants healthy to keep the design on the same visual path.



Clockwise from top: Sedums and grasses; a swallowtail butterfly feeding on a lilac bush; pink Echinacea (purple coneflower).


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Three sisters carry on family tree business at Triple J

by Bonnie MacPherson

It's not always easy to work with family, but the three sisters who are the Js at Triple J Tree Farm seem to manage.

The Bigham sisters, **Julie, Janet** and **Janice** have been running the nursery and landscape service in Mulmur since their father died in 2005, with guidance from their mother **Marion**.

Says youngest sister Julie, "Some days we get along fine. Some days we don't talk."

Julie became the tree spade expert.

Janice spends most of her time operating a tractor or an excavator.

Janet, retired from a career in education, fills in where she's needed.

Marion and her husband started growing Christmas trees in the late 1980s on their 100-acre farm near Mansfield. Gradually they transitioned to a broader range of nursery stock and began offering landscaping services.

The girls worked weekends and summers at the nursery while they were in school. After graduation, eldest daughter Janet followed in her mother's footsteps and became a teacher. Janice went into the Horticultural Landscape Technician program at Humber College, and Julie obtained a Bachelor of Landscape Architecture degree from University of Guelph.

Julie says their primary focus at this time of year is on planting and growing trees.

"This year we've had lots of rain, which is good for the trees and makes digging easier, but the number of days when we can actually get out and dig is limited," she said.

Unlike farmers growing crops who plant in spring and sew in fall, Julie says tree farmers must plant and harvest at the same time. New seedlings must go in the ground in spring. At the same time, there



is a short window for digging up more mature trees. They must be moved when plants are not actively growing, as soon as trees begin to leaf out or bud. Once they are dug and in baskets, they can safely be planted all summer long.

At this time of year, the days are long. "We haven't started residential tree planting yet, and we have clients calling every day to ask, "It's a sunny day. When are you coming?" says Julie. "We have to take care of the farm first. If we don't grow, we'll

have nothing to sell."

Triple J clients are a mix of full-time residents and weekenders.

Julie reports the biggest change they've noticed since they took over the business is an increased interest in native plants such as sugar maples and native evergreens. People are also looking for greater diversity of tree species. During the pandemic there was a huge demand for fruit trees as people sought to become more self sufficient. Many clients try to grow "borderline" hardy plants – but varieties that do well in their city gardens won't always flourish here. For success with those plants, Julie says you need a microclimate with full sun and shelter from the wind. "We don't grow Japanese Maples here and there are some varieties of hydrangea which don't do well," she said.

Janice says everyone is looking for low maintenance gardens. She observes that garden style and plant choices are largely dependent on architecture.

"With a modern house, you see people using fewer plant varieties, more grasses, and a lot of boxwoods, whereas people with farm houses typically choose more English country style gardens," she said.

She recommends investing in locally grown plants.

"The four- to five-foot emerald cedars that you see at the big box stores for \$30 to \$40 are container grown on the west coast," said Janice. "They have been fertilized and had drip irrigation. Field grown plants cost more to produce but they are better acclimatized and more likely to winter well."

None of the Bigham girls has children, so there is no real succession plan. Julie jokes that she can't retire for at least 20 years, and for now, they're just focussed on surviving the spring.



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More than gross: invasive worms, disease threaten ecoculture

by **Bonnie MacPherson**

After a couple of gardening seasons battling an infestation of spongy moths), Ontario gardeners have a new set of threats to deal with.

Asian jumping worms

Cathy Krar of the Simcoe County Master Gardeners says Invasive Asian Jumping Worms are headed our way. The worms have been spotted in the Windsor, Hamilton and Niagara regions. Unlike regular earthworms which transport nutrients down into the soil, Asian jumping worms stick close to the surface and feed on leaf litter and small roots. Their castings resemble coffee grounds and can change the soil composition and lead to increased soil erosion. Native plants struggle, and the root systems of trees are exposed over time. Sugar maples are especially vulnerable. There is no effective means of eradicating the worms on a larger scale. The best defence is to prevent spreading them in the first place. Clean footwear thoroughly after hiking or visiting other gardens and transplant only bare root stock or plants from a reputable local nursery.

Asian jumping worms are characterized by a whitish band around the body, close to the head. When disturbed, they thrash about wildly. If you find them in your garden, Krar says get rid of them and never use them for bait. Place them in a clear plastic bag and leave them in the sun for at least 10 minutes or drown them in isopropyl alcohol.



Helen Phillips/Erin Cameron (Canadian Council on Invasive Species)

Jumping worms can be identified by a pale smooth ring made up of reproductive tissue.

Hammerhead worms

As if Asian jumping worms weren't bad enough, be on the lookout for Hammerhead Worms. They look a bit like leeches with flat bodies and fan shaped heads. They are slow moving and secrete a neurotoxin which can cause human fingers to tingle or break out in a rash. They attack useful earthworms, snails and slugs.

Dr. **John Warren Reynolds**, a worm expert at the Oligochaetology Laboratory in Kitchener, says they typically vary in size from about one inch (2.5 cm) to 15 inches (38 cm). "If you chop them up, each section can grow into a new worm," says Reynolds.

The worms have been reported in Hamilton, Newmarket and Woolwich. As with jumping worms, the best approach is to prevent the spread. If you do find them in your garden, seal them in a clear plastic bag and leave them in the sun.

Hosta Virus X

At a recent meeting of the Creemore Horticultural Society, member **Barbara Mann** issued an alert about Hosta Virus X, which can affect any of the 10,000 plus varieties of hosta.

Mann has more than 50 varieties in her collection and last summer discovered an infected plant. The virus can lie dormant in the soil for years then attack plants causing tissue

collapse or discolouration along veins. If you do find an infected plant, Mann says it must be destroyed.

"Do not put it in your compost and don't plant another hosta in that location for several years," she says.

The virus can be transmitted through sap so all tools should be cleaned thoroughly between plants. Mann recommended several online resources including ontariohostasociety.com, hostalibrary.org and a Facebook Group devoted to Hosta diseases and pests.

Oak Wilt

The latest threat to the tree canopy is Oak Wilt. Horticulturalist **Elizabeth Hitchens** of Hill 'n Dale Landscaping says the fungal disease which affects moisture uptake in the trees is coming to Ontario. Isolated cases have been found in Elmvale and Springwater. White and red oak are less susceptible and while there is no cure, Hitchens says, the best defence is to avoid pruning between April and November. If you must prune, go old school and use pruning paint to seal the cuts. Hitchens says people should continue to plant oaks as they harbour up to 400 species of insects and moths which are very important to the environment and provide food for songbirds. If you do have an infected tree, it's important to cut any roots that intertwine with nearby trees. Hitchens suggests planting oaks far apart, sort of social distancing for trees.



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LANDSCAPE LIGHTING DESIGN AND INSTALLATION

Add some drama to make a fabulous container

by Stephanie Brash

Are you stuck in a rut with your annual containers? Do you do the same thing year after year because it feels safe?

Well, it's time to break free! Let's walk through the process of creating containers that are as colourful and fabulous as they are unique.

I always start my gardening season with a stroll through my favourite garden centres to see what's new and fun. I choose a few plants that appeal to me individually, knowing I'll work them into planters somehow. Don't be afraid to buy a stunning, dramatic plant you're not sure what you're going to do with yet. Pick plants of any shape, colour and size you immediately are drawn to.

A good guide to planning your containers is to follow the "thriller, filler, spiller" formula:

thriller

Choose a dramatic thriller: You want one real attention-grabbing plant to take centre stage in your container. A "thriller" plant will typically have an upright growth habit with either non-stop blooms, dramatic leaves, or both. In containers viewed from all sides, position a thriller in the centre. If your container is against a wall, place it in the back. The most popular thriller choice is a spike, or Dracaena, but other wonderful choices include canna lilies, Agapanthus, Coleus, dragon wing begonia, ornamental fountain grass, Cleome, Alocasia, large dahlias... whatever appeals to you! Make a statement!



filler

Plant some fillers: Filler plants complement the thriller, and typically have mounded or spreading shapes. They fill in the soil gaps between the thriller and the edge of the pot, bridging the tall thrillers and the plants that trail over the sides. Fillers can be a

single plant species, or a mixture of several different plants. Typical fillers include petunias, impatiens, marigolds... all are beautiful and will flower all season. Consider something different: lantana, gaura, euphorbia, coleus... garden centres have so many unique options. Read the tags and look for plants with mounding habits and a spread and height of up to 12-18 inches.

spiller

Fill in with spillers: Spillers are trailing plants that drape down over the edge of your pot, adding another dimension to your design. Plant spillers along the edges of the pot to soften the feel of the planter, and in openings left between the fillers. Feel free to push plants into place and move things around if it's a bit of a tight squeeze; annuals grow rapidly and will recover quickly. Calibrachoa (million bells) is a staple as a spiller, look for new colours that are always being introduced. Other fun choices are creeping zinnia, bacopa, licorice plant, sweet potato vine, scaevola, verbena, fuschia, wave petunias, ivy, silver falls... as long as it has a trailing habit, you can't really go wrong here.

Remember, nursery staff love to talk plants. If you're feeling apprehensive about designing a container from scratch, ask for help. Look at some examples and make mental notes of what appeals to you and makes you happy. Plants can be interchangeable: what serves as a filler in one pot could be a thriller in a smaller pot. Think of your garden as a reflection of you... there are no wrong choices!

Consider this: Houseplants with pretty patterns, colours and foliage variation are fun to add to your annual containers for a bit of extra interest! Spider plants, Tradescantia (aka wandering dude), Philodendron, Alocasia... most houseplants will benefit from the brighter light and increased air movement they'll get from the outdoor growing season. With consistent watering and the occasional dose of fertilizer, they'll come back into the house in autumn looking refreshed and lush.

This series of gardening articles brought to you by the Simcoe County Master Gardeners, members of the Master Gardeners of Ontario. For more information, visit www.simcoecountymg.ca.

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Crafting comfort

by Bonnie MacPherson

There is still plenty of demand for grey and white kitchens with shaker style doors, according to Adam Verstegen of AV Custom Woodworking, but increasingly people are looking for something a bit different.

“People are branching out to greens and blues and warm neutral woodtones,” he said.

The yellowish oak finish of our parents’ kitchens is passé, but Verstegen says walnut and white oak are popular as accents, such as an island versus an entire kitchen.

AV Custom Woodworking has been around since 2012. Prior to that, Verstegen worked for another local cabinet maker. He started out doing small projects on the side to help out friends and eventually decided to take the plunge and go into business for himself. Verstegen grew up around tradespeople. Most of his relatives are home builders and carpenters, although his father owns an auto body shop in Stayner. His own interest in woodworking was sparked during his time at Stayner Collegiate. He credits the woodworking and shop classes there with igniting his passion for cabinet making.

Kitchens are the bread and butter of Verstegen’s business. He does all the millwork for Mountain Ridge Homes and a couple of other local contractors, as well as custom orders that come through referrals. He says the cost of a custom kitchen can vary greatly.

“We try to work with the customer and deliver quality within their budget,” said Verstegen. “There are many options for cabinets using different materials like particle core for boxes instead of plywood. A one-piece MDF door is cheaper than a five-piece solid wood door, but whatever they choose, we’ll make sure the quality is still there and it looks good.”

Verstegen says there is plenty of work in this area, so they rarely have

to drive more than 30 minutes to a job. He currently employs one full-time woodworker and two apprentices, and can foresee the business growing in the future.

“I kind of enjoy the size it is now because I can be involved in all steps of the process,” said Verstegen. “I can meet with the clients and be involved in the shop work and installations.”

Eventually, he may be forced to focus more on client interaction and design, and become less involved in fabrication.

He would love to see his two apprentices stay on after completion of their programs, and is doing all he can to keep them happy.

“I don’t want to see them leave, but if they grow to a place where they want to be on their own, that is an achievement. It means you’ve done a good job moulding them,” he said.

While most of his work is kitchens, AV Woodworking still does some custom furniture builds. They are currently working on a poker table for one client who initially came to them for a kitchen. There followed a series of custom built ins, a laundry room and now a man cave.

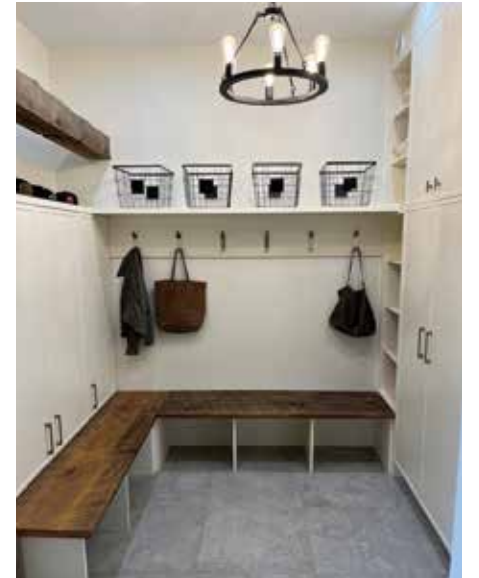
“I like the challenge of custom furniture,” said Verstegen. “It’s a bit more technical.”

Also currently under construction in their Creemore workshop is a set of custom bunk beds with stairs and custom storage.

Verstegen’s two children are six and eight years old. They love to spend time at the shop with their dad, building things with bits of scrap wood. It’s a bit early to say whether they’ll follow in his footsteps, he laughs.

“I’d love for them to show an interest but there’s no pressure,” he said.

From top: Adam Verstegen, of AV Custom Woodworking, working on bunkbed steps and other examples of his crew’s work.



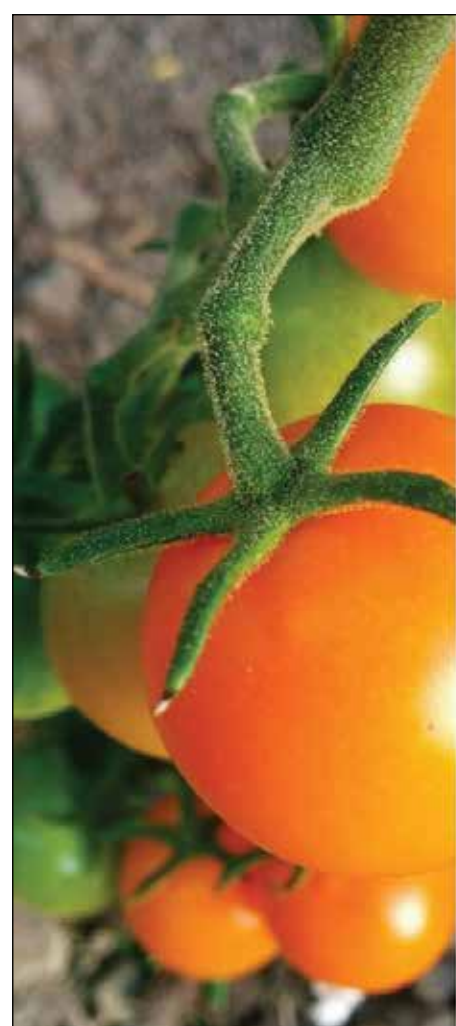
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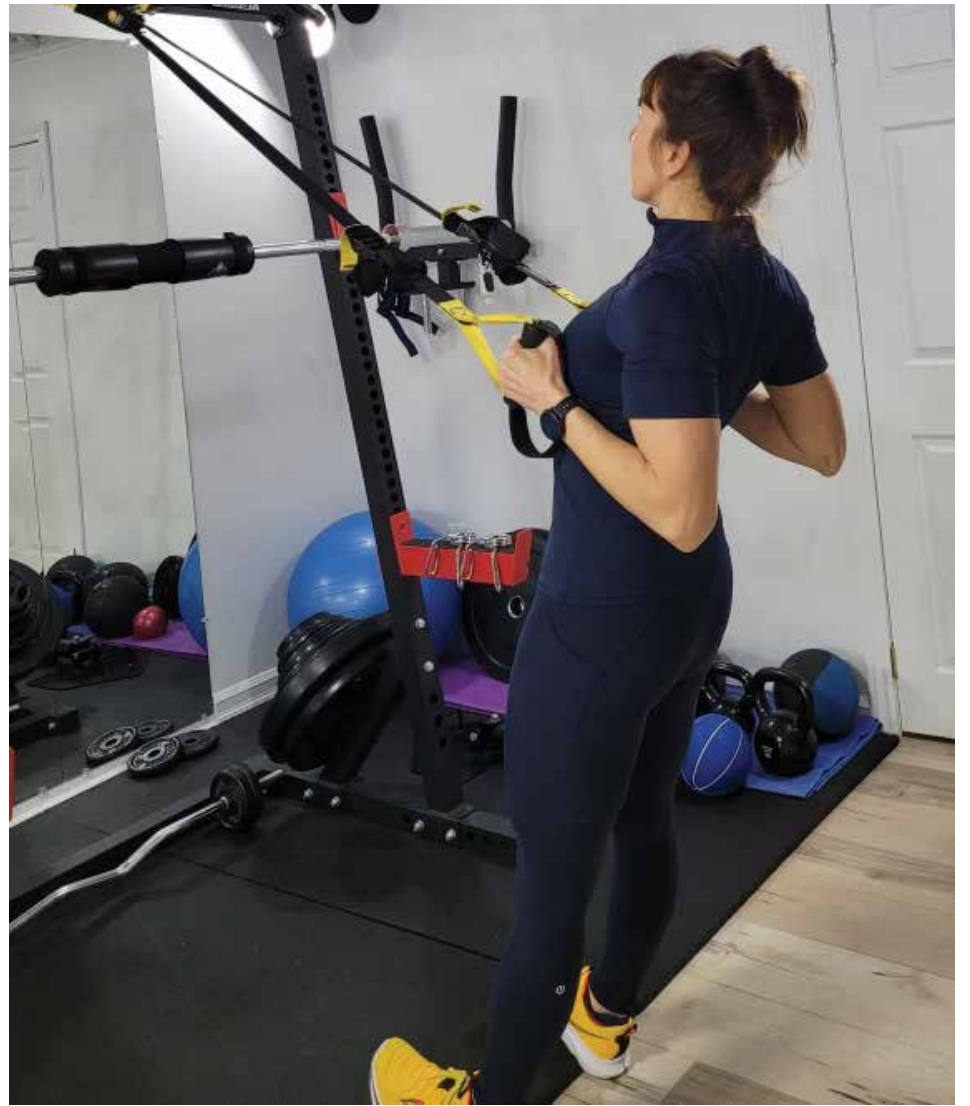


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Taryn Yurkovich, a certified personal trainer and owner of Big Heart Fitness in Creemore.

Home fitness

by **Bonnie MacPherson**

Getting fit at home doesn't have to cost a lot, according to **Taryn Yurkovich**, a certified personal trainer and proprietor of Big Heart Fitness in Creemore. She says a home fitness program can start with nothing but a pair of sneakers. "Regular walks or hikes are a great start, especially in nice weather and you can add in strength training," says Yurkovich. "Every 10 minutes, stop and do a set of lunges or step ups. No equipment needed."

If you have access to playground equipment, she suggests incorporating tricep dips and pull-ups into your routine. Add a resistance component by carrying a backpack with some weight, or a weight vest.

Finding time for fitness can be a challenge. Yurkovich suggests scheduling workouts like any other appointment. Work in line drills while your kids are at soccer or baseball practice by choosing a tree 50 metres away – sprint one way and walk back or skip one way and side step back. Bring a yoga mat to your kids' practice to fit in some ab exercises and a core workout. Most people are less likely to blow off an exercise session if they feel accountable to a workout buddy. Try joining a club or team that meets weekly like soccer, pickleball or swimming. Sign up for a race, anything from a 5k to a triathlon to give you a training goal.

When you are ready to commit to a workout area in your home, Yurkovich says start by finding a place where you have room to move.

"Roll out a six-foot yoga mat and stretch out your arms, then reach up high, to make sure you can move

without running into things," she says.

Yurkovich advises thinking about what will motivate you.

"Is it natural light and plants, a sound system or a door that locks?"

She recommends starting with basics like free weights, resistance bands, a yoga mat and a foam roller. A decent set of five- to 20-pound weights is around \$100. You may want to add a rack to keep them organized and save space. Resistance bands are usually sold in a set of five for around \$30. With this basic equipment, you can do a range of core, shoulder, arm and hip exercises. Add an over-the-door strap and you can incorporate lat pulldowns into your routine. A balance ball allows you to add many strength and mobility exercises. A suspension training system such as TRX can be attached to a joist, a tree or playground equipment and costs between \$100 and \$200. If you need ideas, Yurkovich says there are plenty of free resources available on YouTube. She recommends searching HIIT – high intensity interval training.

If you are considering investing in a more sophisticated home gym setup, Yurkovich cautions that it is best to avoid equipment that only does one thing. For example, a leg press machine allows you to do one or two things whereas a squat rack accommodates dozens of exercises.

Yurkovich encourages her clients to plan two strength workouts per week plus daily light cardio. She has some clients who use subscription services like Peloton religiously and insist it keeps them accountable and motivated.

Whatever keeps you moving is the right choice for you.

Fuel for your workout

Electrolyte replacement

This is a great beverage to sip while you are working out, if you are out gardening in the heat and sweating a lot, or even can be used to prevent dehydration when you are sick.

An alternative to a Gatorade-type sports drink, this beverage is better for you and contains no artificial colours, is cheaper, and there's no plastic bottle.

- 2 cups water
 - 1/4 tsp real salt (Himalayan or Celtic sea salt)
 - juice of one lemon (citrus fruits like lime, orange, grapefruit also work)
 - 2 tsp raw honey (local if possible)
- Put everything into a mason jar or reusable water bottle and shake well. (Stores for a few days in the fridge.)

Post-workout smoothie

No fancy protein powder required, just natural whole foods in this smoothie, which includes a good balance of simple and complex carbohydrates required to elicit a post-exercise insulin response and the replenishment of glycogen stores (so that your body doesn't continue to break down muscle). It has protein from natural, plant-based sources, which supplies your body with amino acids to repair and rebuild your muscles. I like to double or triple the recipe and make a blender full so each family member has one ready to drink after their workout or sport or activity.

- 1 frozen banana
 - 2 tsp cocoa powder
 - 3 tbsp raw almond butter
 - 3 tbsp hemp hearts
 - 3 tbsp rolled oats, uncooked
 - 1.5 cup nut milk of your choice
 - 1 tsp cinnamon
 - 1 tsp maca powder (optional)
 - pinch of sea salt (optional)
- Put all ingredients into a blender and blend on high until smooth. You may thin it with water or additional nut milk if you like a thinner consistency.

Recipes by Certified Personal Trainer Taryn Yurkovich


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Royal treatment

by Trina Berlo

The Plant King, AKA **Aaron Bourbonnais**, learned early that soil is at the root of plant health.

Unsatisfied with commercial soils, which often contain a high ratio of peat, Bourbonnais began mixing his own a decade ago.

He was initially inspired by the square foot gardening trend, which allows for dense planting in a small space but relies on a rich soil blend. While Cannabis was his gateway plant into pedology, Bourbonnais soon branched out into other areas of horticulture. He found his soil knowledge gave him a leg up when growing hot pepper plants, one of his favourite crops, and almost all other plants.

Soil has been a hobby for Bourbonnais, who is an engineering technician working in nuclear power.

“I just love growing things,” he said.

In March, he and his partner **Ashley Bristow** launched a business selling the Plant King soil mixes and a variety of house plants. The basement of their Stayner home is set up with equipment that controls light and humidity for optimum growing conditions. The basement glows with the LED lights, showcasing dozens of cacti, succulents, bonsai, snake plants, aloe and carnivorous plants like the Venus flytrap and purple pitcher plant – all of which Bourbonnais refers to using their proper Latin names.

The problem with generic commercial soils, he explains, is they contain mostly peat because it holds moisture, but it does not contain many of the minerals and nutrients that plants need.

Through research and experience, Bourbonnais has worked to develop a perfect balance between drainage and moisture retention to optimize the health of specific plants by applying an understanding of their natural habitats. For example, a tropical house plant requires different nourishment than a cactus. Adding rocks and minerals to the soils helps the plant extract the nutrients it needs, and providing the right pH balance, mimicking its natural habitat.

The plan is to open a store but in the meantime, Plant King products are being promoted on Facebook, and will be available on Amazon in the near future.

The business is one of two that is managed by Bristow, while raising six kids.

For 15 years, since their eldest was born, Bristow has been making elderberry syrup to boost the immune system, especially during cold and flu season.

As an adult, she said, she has always taken an interest in health and found peace of mind in making her own products, because she knew exactly what was in them.

In 2019 she started selling the syrup mix, organic teas and candles made with organic beeswax, coconut oil



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and essential oils under the Ashley's Wholesome Organics label.

Plant King is planning to host a number of upcoming workshops on various themes around growing bonsai trees, succulents, and hydroponics. It carries a number of potting accessories and arrangements, and Bourbonnais and Bristow are happy to share their knowledge with customers to ensure the plants they take home live a long and healthy life.

Plant King Inc and Ashley's Wholesome Organics is on Facebook, or call 705-331-6459.

Opposite page: **Ashley Bristow** and **Aaron Bourbonnais** have turned their basement into a tropical incubator for a variety of cacti.

This page: Bourbonnais mixes Plant King soil, formulated for specific plants, including the carnivorous type (far right).



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Robert Curran photo

Ten retired CT 155 Hawk jets were transported over two nights Monday and Tuesday from Collingwood Regional Airport, on Concession 6 west of Stayner, to Base Borden. Due to an inadequate runway, the jets had to be towed down Airport Road to Mansfield and across to the base. Spectators lined the street to catch sight of the convoy. On Monday night a vehicle belonging to a contracted traffic control company was involved in a collision with a civilian vehicle, delaying the transfer by about one hour. Military personnel report the five jets arrived at the base by 4 a.m.

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Coffee Time XTR



Staff photo: Trina Berlo

There was a spectacular view of the Northern Lights witnessed in the area on May 11. This photo was taken at 4:30 a.m.

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Staff photos: Trina Berlo

Creemore Springs Brewery had a record turnout for last Saturday's Turas Mor cycling event during which hundreds of cyclists took on one of four routes ranging in distance from 20-85 km through the surrounding hills. Top right: **Jess Bowman** performs at Creemore Village Green on the morning of the event. Bottom left: **Dave Murphy** returns to lead ceremonial laps for each ride on his penny-farthing bicycle.





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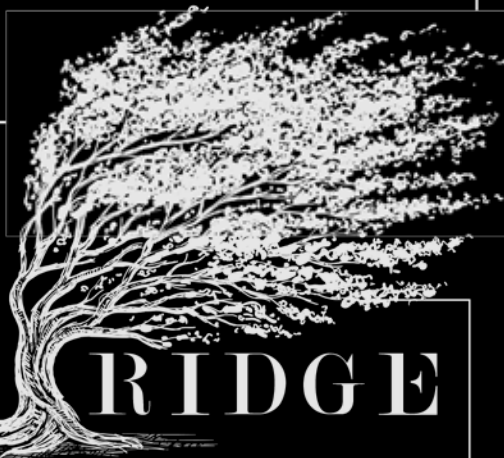
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Contributed photo

The Singhampton Sculpture Forest has a new art installation to introduce springtime. The large sculpture is titled *Contemplation*. Artist and host **Marion Bartlett** (above) says it reminds her of the monuments of gods and goddesses of Mayan or Cambodian jungles as they emerge after thousands of years, still surviving despite wars and human destruction. The sculpture represents the face of nature as she contemplates how humanity is forever assaulting the environment, leaving it damaged. We hope she will reconsider. Visit the Singhampton Sculpture Forest to welcome her into our whimsical and unique art filled trails. The Sculpture Forest, located at 124 Lakeview Rd., Singhampton, will open for the season on May 25. Visit studio124.ca.

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In addition to firearms, this auction will have a large quantity of Hunting Gear, Militaria and Collectibles, Ammo, Brass & Bullets, Vintage Publications; Edged Weapons; Bows; Gun Parts; Reloading Tools, etc.

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Last year during our annual subscription drive we promised to deliver more... and we did it. With your support we were able to put out more pages and tell more local stories. We also went to more homes than ever before, adding delivery to Nottawa, Stayner and New Lowell via Canada Post.

Now we turn to you to help us connect our community with high quality, locally generated news coverage. We are looking for financial contributions throughout this year's drive as well as your opinions on *The Creemore Echo* with our survey.

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Plant a row, give a row for the food bank

The community is invited once again to “plant a row, give a row” in support of St. Luke’s Community Food Bank.

Coordinator Rev. **Lorna May** said last year’s campaign was a big success.

“Grandmas with granddaughters, our very own **Helen Blackburn**, with flowers, tomatoes, and anything else she had extra. Then, zucchini, tomatoes, cucumbers and lettuce from various gardens,” said May.

“Some Fridays it was a lot, some Fridays it wasn’t, but there was always something fresh to add. This puts such a smile on the faces of the volunteers but most importantly on the lives of those who need hope.”

Tomatoes, peppers, and cucumbers can be grown in pots too.

Bring garden veggies to St. Luke’s on Friday mornings or call to arrange pick-up.

Please make sure all produce has been washed and bagged.

Call Rev. Lorna May at 705-352-2759.

New Lowell Minor Baseball commences 2024 season

New Lowell Minor Baseball Association (NLMBA) kicks off its season this week with seven teams, commencing with their South Simcoe Minor Baseball 2024 schedule.

The teams in the South Simcoe Minor Baseball Association include two teams each in 6U and 13U, one team in each division in 8U, 11U and 18U.

The teams in the 6U to 11U divisions have a 10-game schedule before the playoffs and the teams in the 13U to 18U will compete in 14 games in the regular season before commencing with the playoffs.

NLMBA has two select teams in the York Simcoe Baseball Association (YSBA) dedicated loop, which will kick off a 16-game schedule in the coming days.

NLMBA still has spaces open for the 2024 season in the 13U Division for players born in the years of 2011 and 2012. This division is open for both boys and girls who wish to play baseball. This is house league baseball but there is some travel involved. If interested in playing baseball in the 13U division, please e-mail newlowellbaseball@gmail.com.

Playoff schedule:
 6U – July 27 in Mansfield;
 8U – August 9-11 in Everett;
 9U – August 16-18 in Ivy;
 13U – August 9-11 in Stayner,
 15U – August 16-18 in New Lowell,
 18U – August 23-25 in Midland.

The SSMBA All-Star Games are in Angus on July 6.

Visit the NLMBA website at www.nlmba.com.

Vorstermans accepting donations for Alzheimer’s Society

Creemore resident **Matthew Vorstermans** is once again participating in the Walk for Alzheimer’s, taking place on May 26, and is hoping to raise \$6,900 for the 11,500 individuals battling the disease or a related dementia in Simcoe County alone.

The quickest way to lend a hand is

by going online to walkforalzheimers.ca, choosing “Ontario”, selecting “Barrie (Simcoe County)” and searching Vorstermans under Sponsor a Participant. He is also accepting cheques payable to Alzheimer Society of Simcoe County. All donations are welcome.

Explore Dufferin Guide now available

The *Explore Dufferin Guide* is now available online, highlighting family-friendly activities, agritourism, nature and the outdoors, small-town charm, arts and culture and more.

This year’s guide is even more interactive, with all links clickable – including icons on the maps, linking to the exact Google location of each spot, which allows visitors to easily find directions.

Explore Dufferin Guide, developed in partnership with Central Counties Tourism through its Partnership Program, features Dufferin’s Don’t Miss List, a trailhead map, an events listing and information on local amenities and services like electric vehicle charging stations, summer camps, parks and recreation centres, libraries and more.

The *Explore Dufferin Guide* is intended to encourage community engagement and participation, drive tourism and contribute to the community’s cultural fabric. The guide will be updated annually to showcase what there is to see, do and experience in the community.

The interactive *Explore Dufferin Guide* is available via www.dufferincounty.ca.

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			7	2				9
		7			1			3
	1	4						7
			1		3			
	3	5				9	6	
			6		7			
9						3	2	
5			3			4		
8				7	2			

Answers on page 27

FRED'S FUNNIES

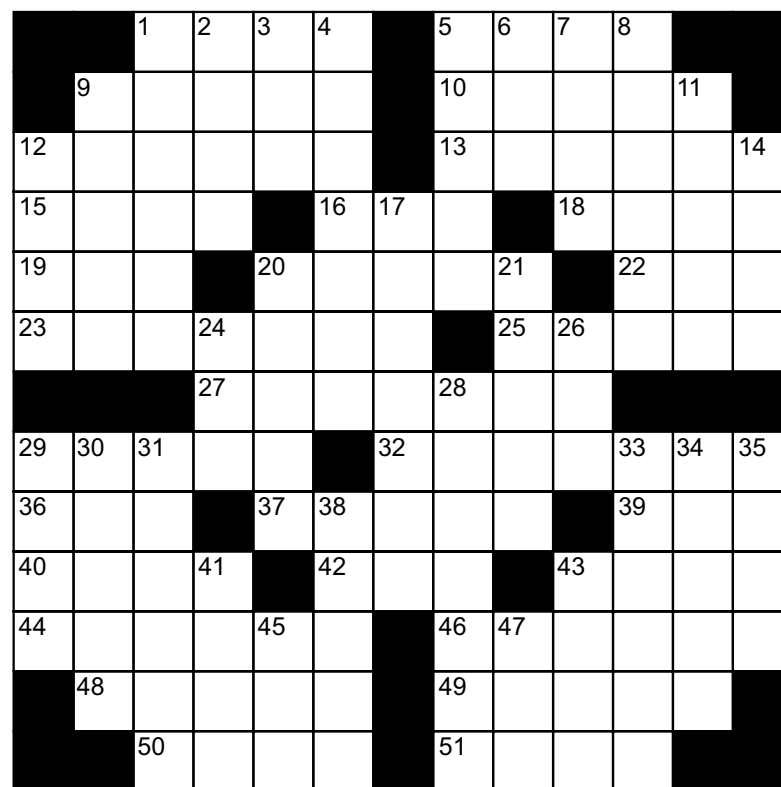
What do you call a girl with a frog on her head?

Lily

Canadian Criss Cross

- ACROSS**
- Sliding frame of a window
 - Behaviour or talk that is rude
 - Hiding place for supplies
 - Area of land
 - Large newspaper headline
 - Accumulate over time, as interest
 - Assistant
 - Program used on the Internet
 - Particular type
 - Bikini top
 - Spelunking sites
 - Keep score in cribbage
 - Increase in size
 - Diary item
 - Aristocracy
 - Company department
 - Throw here and there
 - Become old
 - Break the law
 - One's image of oneself
 - Camera attachment
 - Colour associated with heat
 - Male protagonist
 - Inveigle
 - In high spirits
 - Satellite of Saturn
 - Anthem in the Roman Catholic service
 - Let have for a limited time
 - Vase-shaped pitcher

- DOWN**
- Warm weather shoe



- Red pimples on the face
- That girl
- Nonwoody vegetation
- Condition
- Rainbow shape
- Fire from a job
- Handwriting
- Pile of stones put up as a monument
- Radio part
- Pratt who played for the Maple Leafs and the Rangers
- Nervously irritable
- Supervise
- Salad ingredient
- 4th Chief of Staff to the Prime Minister
- Chimpanzee
- Remaining after all deductions
- The world of scholars
- "Garage" event
- Representative
- Vegetable much like a bean
- Be indecisive
- White heron
- Crucifix
- Current style
- Place where something will be
- Be sick of
- Is able to
- Close to the ground

Weekly blast of the Duntroon Hall's Know-it-all-Ball trivia questions

What is the largest Library in the world?

- A. New York Public Library B. British Library C. US Library of Congress D. Russian State Library

DEATH NOTICE



GOLLINGER, Irene Hannah Agnes (nee Henderson) July 2, 1930 – May 4, 2024 It is with profound sadness the family of Irene Gollinger announces her passing at the age of 93. Irene will be deeply missed by her children, Donna (late Jack), Doug, Jim, (Deb), Jo Anne, Vicky, Sally, and Terry (Donna). As well as by her cherished grandchildren, Rob (Julie), Dan (Kelly), Nick, Mark (Nicole), Kelly (Ian), Maeghan (Mike), Alyssa, Melanie (Bryan), Graeme (Haley), Hannah (Damion), Angela (Neil), Jenna (Ritchie) and her treasured 19 great grandchildren and three great great grandchildren. Also mourning the loss is her sister Isabelle (Alderic) Bourque, brother Murray (Anne) Henderson, and sister in law, Nora Cove. Irene will also be missed by her many nieces, nephews, friends and neighbours. Predeceased by her husband, George Gollinger, her daughter Cathy and son in law Jack. Also predeceased by her sister Alice and brother in law Cliff Noble, and sister and brother in laws Marie and Bob Kearsly, Ruth and Reg Barns, Bill Cove, Mary Ellen and John Tomporowski. Irene started her life in Dunedin, Ontario, daughter of the late Victor and Lillian Henderson (nee Coulter). She moved to the farm in Lisle when she married, and then to Creemore after her husband passed away. Over the years family and friends were drawn to the farm and then to the house in Creemore, which says so much about Irene. She was great company, enjoyed a good chat but was also an excellent listener. Irene had a quick wit and wonderful sense of humour. As someone recently remarked, "I always felt better after a visit with Aunt Irene." She loved her gardens, her game shows, reading and playing euchre and she still played to win. Family and friends were everything to her and she will be deeply missed by all. A celebration of Irene's life will be held at the Royal Canadian Legion, 27 Wellington St. W., Creemore on Saturday July 6, 2024 from 1 p.m. to 4p.m. In lieu of flowers please consider a donation in memory of Irene to your community Hospice or a charity of your choice. Arrangements entrusted to Drury Funeral Centre, Alliston. www.druryfuneralcentre.com.

DEATH NOTICE



PEARSON, Patsy – Passed away peacefully on Saturday, May 11, 2024 at Dufferin Oaks Long Term Care, Shelburne. She was in her 88th year. Loved daughter of Marguerite and Hubert Pearson. Dear sister of Joan Pearson, Don Pearson (Karen) and nephew Brent Munsey. Respecting Patsy's wish, cremation has taken place. In lieu of flowers memorial donations to Hope Acres, Glencairn would be appreciated. Arrangements entrusted to Drury Funeral Centre, Alliston.

DEATH NOTICE



FERGUSON, Bonnie Susan – Died peacefully on Wednesday, May 15, 2024 at Campbell House Hospice, Collingwood at the age of 65. Bonnie of Glen Huron, beloved daughter of Mary and the late Murray Ferguson. Dear sister of Marilyn (Phillip Seymour), Helen Allen and Ross Ferguson. Auntie Bonnie will also be missed by her many nieces and nephews: Erika (TJ), Holly, Karla (Allan), Stephanie (Fred), Cassandra and Jamie, and to great nieces and nephews Miley, Ember, Porschea, Duke and Isaac. Bonnie was a kind woman of deep faith. She loved everyone she met unconditionally. She was a fan of the Blue Jays and an avid knitter. Many of her creations are cherished family keepsakes. She will be deeply missed. Friends will be received at the Carruthers & Davidson Funeral Home – Stayner Chapel, 7313 Highway 26, Stayner on Thursday, May 16, 2024 from 7 p.m. to 9 p.m. The Funeral Service will be held at the funeral home on Friday, May 17, 2024 at 11 a.m. Interment at Stayner Union Cemetery. Reception to follow at Jubilee Presbyterian Church Hall. If desired, remembrances to Royal Victoria Hospital Foundation for the Oncology Unit or Hospice Georgian Triangle Foundation for Campbell House would be appreciated by her family. To sign Bonnie's Book of Memories, please visit www.carruthersdavidson.com.

DEATH NOTICE



CAMERON, Marcia Doris (nee Lougheed) – It is with great sadness that we announce the passing of Marcia Cameron on Monday, May 13, 2024, in her 84th year. Born in Nottawasaga Township, Marcia was a daughter of the late Arnold and Vera Lougheed. She was predeceased by her beloved husband Arvid. Marcia was the much-loved mother of Kathy (Grant) McIntyre, John (Tracy Wilson) Cameron, Brenda Cameron, and Glenda (Anthony) Cancilla. Cherished grandmother of Erin (David), Shane (Melissa), Samantha (Brandon), Tiffany (Brian), Bobby (Jae), Sheldon (Courtney) and Falyn (Jon) and great grandmother of Carter, Hadley, Rowan, Ophelia, Esmea, Aria, Addison, Emmett, and Abigail. She was the dear sister of Melvin, Sylvia, Delmer (Barbrae), Della (Larry) and Audrey. Predeceased by her brothers Graham, John and Wayne and sisters Evelyn, Phyllis, and Josephine. She will be remembered by many nieces and nephews. Without question her greatest pride and joy was her family, she was always playful, loving, attentive, generous, and often busy cooking and baking for those she loved. She made every family get together, an event full of laughter, joy and of course so much food. Volunteering and giving back to her community were very important to Marcia. She donated many years of service to the Collingwood Leisure Time in the kitchen and at various events. She loved golf and bowling and spending time with friends. She was an active member of several card groups, where she formed many lifelong friendships. Marcia had a laugh and smile you couldn't forget. She will be greatly missed by her family and friends. Visitation will be held at Fawcett Funeral Home – Collingwood Chapel on Wednesday, May 22, 2024, from 7 p.m. to 9 p.m. Funeral service will be held in the chapel at 1 p.m. on Thursday, May 23, 2024 followed by a reception at the Royal Canadian Legion. In lieu of flowers, donations may be made to Hospice Georgian Triangle or Collingwood General and Marine Hospital in Marcia's memory. Friends may visit Marcia's online Book of Memories at www.fawcettfuneralhomes.com.

CELEBRATION OF LIFE



Lynda Lee ZEGGIL (Carmichael) was born in Creemore on March 7, 1944 and died March 24, 2024 in Collingwood. She was the daughter of the late Donald and Jean Carmichael and sister of the late Lorne Carmichael. She was predeceased by her loving husband Gordon (2014). Lynda is survived by her daughters, Heather (Bill) Griffith, Audrey Lynn (Eubert) and Wanda, grandchildren Sarah and Danielle, and great grandchildren Avery and Quinn, who will greatly miss her warm smile, loving guidance, and enthusiastic support. Lynda grew up on an apple and dairy farm in Glen Huron with her parents and brother. This is where she learned to love cooking and baking with apples. Besides being the best mother, Lynda was a hairdresser, working out of her home in Singhampton for many years. She was an active and tireless volunteer in the church and the community, serving on various committees and supporting local activities. Her family was always a priority, and she surrounded them with love whether it was through sewing clothes and skating costumes or by providing loving encouragement, guidance, support, and a listening ear. Lynda was a passionate gardener, blessed with a green thumb, she always knew the tricks for growing more tomatoes or how to transplant flowers and her love of roses. She was also a talented ceramic painter and a skilled baker – especially her delicious tea biscuits! Lynda left this world in peace, surrounded by love. She will never be forgotten and will always be loved. A graveside service will be held at Singhampton Union Cemetery on Saturday, May 25, 2024 at 2 p.m. followed by a reception at Mylar and Loreta's. As an expression of sympathy, donations may be made to Hospice Georgian Triangle – Campbell House. Friends may visit Lynda's online Book of Memories at www.fawcettfuneralhomes.com.

ALL NOTICES POSTED ONLINE

CREEMORE.COM

ECHO Classifieds

Submit your classified ad by 5 p.m. Tuesday:
call 705-466-9906, fax 705-466-9908,
email info@creemore.com
\$20 + hst for 25 words or less

SERVICES

CONTRACTOR REPAIRS, restores, dismantles and jacks up farm buildings, homes, and cottages. Also roofing, siding, doors, windows, beams, posts, foundations, piers, cement work, fencing, eaves troughing, decks, docks installed, repaired, replaced. Contact Brian McCurdy, at 519-375-0958 or 519-986-1781.

ELLIOTT PAINTING AND DECORATING, over 30 years experience with excellent references. Interior and exterior painting and wallpapering. Call for free estimate at 705-466-2356.

CUSTOM WOOD SHOP offering kiln space for rent. Warped lumber? We can help! Slab flattening machine available for use. We can fabricate kitchen counter tops, table tops, etc. Bring your own wood or we can supply. Call 705-445-1147.

PAINTING, PARGING AND PRESSURE WASHING. Professional workmanship. Call Don for estimate. Call 705-424-0708 or 705-816-0708.

SMITH'S LAWN CARE. Services include lawn care, landscape, garden and property maintenance. Call 705-888-7092 or email us today at smithlawns@outlook.com.

For best in **GARDENING,** pruning, leaf blowing, raking, painting, etc., and where beauty is concerned, call 705-430-6613. No job is too small. Email: herronslandscaping563@gmail.com.

WHITLEY FENCE builds and repairs all types of agricultural or residential fences. Cedar rail, equine paddocks, dog pens, farm fence, post install, gate supply and install. Jim 705-623-6844, Clay 705-627-8900 or modelaranch@hotmail.com.

Mini excavator services, brickwork and foundations repairs. Based right in the village of Creemore. Call **PAUL'S MASONRY AND EXCAVATION** for a consultation and a quote. 705-888-2806. References available.

CARPENTRY & PAINTING, quality service with attention to detail. Based in Stayner. 519-222-2341, info@carpentryandpainting.ca, www.carpentryandpainting.ca.

BARN RENOVATIONS, beam replacements, stone and poured concrete, all types of roofing repairs, new siding and flooring, jacking up barns, new steel roofs. Contact 647-248-8987. Servicing local area.

STONE & TILE INSTALLER. Interior and Exterior. 30+ years experience. Satisfaction guaranteed. References available. Call Kevin at 705-985-1851.

HELP WANTED

Now hiring **COOKS** for full and part-time positions. Our fun and friendly kitchen offers competitive wage and generous bonuses. Experience preferred but will train. Please call The Old Mill House Pub in Creemore and ask for the manager to set up an interview. 705-466-5244.

WANTED

Looking for **PASTURE** for lease, rotational and regenerative practices used. Top rates paid. Willing to fence on long term lease. Call 705-309-5238.

A collector trying to recreate an old time General Store is looking for **ITEMS FOUND IN A GENERAL STORE** before 1960. Eg. tea tins, tobacco tins, candy tins, postcards, bottles, magazines, old paper items, comic books, signs, toys, advertising, old store stock, old coins etc. Cash paid. 416-953-6219.

FOR SALE

stonehedge

QUALITY HORSE HAY
Year Round Delivery
705-466-2607

CREEMORE HILLS WINERY – Wine for sale. Pet-Nat Picnics and/or wine tastings. By appointment only. Pick up or delivery. Call/text 647-588-8931, cmorrissey0708@icloud.com.

2017 GMC CANYON Diesel 190,000 KMs - \$25,000. Certified. Very clean. Comes with two full sets of tires, and custom Leer cap. 2.8L 4 cylinder Duramax diesel engine gets close to 1,000 km per tank. Full sized double cab with roomy second row of seating. Call Bill, 705-441-3599.

OLD BARN BOARD – 650 LF. 1 and 2 inch thick, 10-16 foot lengths, 8-19 inch widths. \$300. Call Scott, 416-565-6093.

White **ANTIQUÉ DINING HUTCH,** pine dining table with leaves, two high back chairs. \$400 OBO for everything. 705-606-2104.

YARD SALE

Victoria Day long weekend **YARD SALE** on May 18 and 19 at 8 a.m. 171 Collingwood St., Creemore. Hosted by James Gibson.

INDOOR YARD/BAKE SALE, May 18–20 from 8 a.m. to 4 p.m. at 269737 Grey Rd. 9 (between County Rd. 124 and Badjeros). Tools, workshop (radial arm saw), horse tack, toys, furniture, gardening tools, shredder/chipper.

YARD SALE. Saturday, June 1 at Huron Meadows. 275 Huron St., Stayner. 8 a.m. to 1 p.m. Multiple households. 647-395-6714.

THANK YOU

I extend my sincere appreciation to my family, relatives and friends for attending my **90TH BIRTHDAY** and making it such a special day for me. Thank you to my Primrose Community friends for providing and serving the food and refreshments. All the expressions of support created meaningful memories for me.

With love and blessings!
Norma Godbold

SUMMER CAMP REGISTRATION

Join **IMAGINARIUM** for our Expressive Arts Summer Camps in Creemore. Monday to Friday 9 a.m. to 4 p.m. 6 weeks. Ages 3 to 13. ImaginariumAdventuresInArt.com
Early Bird Pricing + Mention this ad for an extra 10% savings.



IN MEMORIAM

In loving memory of **Alex PRIDDLE,** August 9, 1928 – May 20, 2017
You can shed tears that he is gone, or you can smile because he has lived. You can close your eyes and pray that he will come back, or you can open your eyes and see all that he has left. You can remember him only that he is gone, or you can cherish his memory and let it live on.
Always remembered and deeply missed by Brian and Marj, Karen and our families.



Happy Birthday

The Kidd family are so happy we can once again celebrate Mom's birthday. We invite you to join us on

Sunday, May 26

from 2 p.m. until 4 p.m.

for Marie Kidd's 97th celebration.

Come to the Clubhouse at the New Lowell Campground on Hogback Road in the heart of New Lowell for her tea party.

Church Directory

CLEARVIEW COMMUNITY CHURCH
9:30 a.m. Sunday
Pastor Micah denBok
22 Caroline St. W., Creemore
705-430-6056
clearviewcommunity.church

CREEMORE & NEW LOWELL PASTORAL CHARGE
9:45 a.m. Sunday at New Lowell United
11 a.m. Sunday at St. John's United
Rev. Jane Sullivan • 705-466-2200
newlowellunitedchurch.weebly.com
www.stjohnscreemore.ca

Knox Presbyterian Church
10 a.m. Sunday
Rev. Carson Hansford
8933 County Rd. 9, Dunedin
705-466-2296

St. Luke's Anglican Church
Sunday services at 11:15 a.m.
Rev. Sharon Sangster and Rev. Lorna May
22 Caroline St. W., Creemore
705-352-2759 or 705-466-2206
www.stlukescreemore.ca

This week's answers

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Trivia – C. US Library of Congress (over 162 million items)



217 Gideon Street, Stayner ON L0M 1S0

Monday to Friday, 8:30 AM to 4:30 PM

705.428.6230

WWW.CLEARVIEW.CA

Communications available in alternative formats upon request.

Building Inspector

The Corporation of the Township of Clearview

Clearview Township is currently seeking a permanent full-time Building Inspector

Qualifications:

Recognized Post-Secondary Diploma in Architectural or Civil Engineering Technician or Technologist with 3 to 5 years construction or building inspection experience. The successful candidate will have working knowledge of the Ontario Building Code, National Farm Building code, the Occupational Health and Safety Act and the Freedom of Information Act. The successful candidate will have obtained a BCIN, and have the required Qualifications as set out by 2.16 of the Ontario Building Code and the Ministry of Housing. WETT certification an asset. Valid Class "G" Ontario Driver's License, with access to a reliable vehicle is required.

Responsibilities:

Reporting to the Chief Building Official, performing the statutory requirements are required under the Building Code Act and the Building Code. Key responsibilities include enforcement of the Building Code and Clearview Township's Building By-laws including the associated legislation / regulations to ensure the structural soundness and safety / accessibility of occupants.

The preferred candidate will possess a thorough knowledge of reviewing building plans and processing building permits, assist with the processing of Building Permits, prepare reports and orders with respect to the Ontario Building Code. The candidate will also have experience in answering general inquiries in regards to the Ontario Building Code including permits on specific properties

The preferred candidate would be required to demonstrate experience and proven ability in creating and maintaining a liaison with the Clearview Administrative Center, general public and corporations with a high frequency of interruptions of regular work while displaying a professional, enthusiastic and courteous demeanor at all times. They may be required to perform other duties as may be assigned in accordance with Department and Corporate objectives.

Salary:

Salary range offered for this position is \$70,937 to \$87,091 annually, plus a competitive benefits package including matched OMERS contributions and Extended Healthcare through Sun Life.

Note: The preferred candidate must be willing to provide consent for the Township to conduct a criminal background and vulnerable sector check prior to finalizing an employment offer.

Interested candidates are invited to forward their resume and covering letter quoting **job # 2024-021** to Human Resources **by May 31, 2024** to: hr@clearview.ca

We thank all applicants for their interest; however only those applicants selected for an interview will be contacted. No phone calls please. The Township of Clearview is an equal opportunity employer.

Accommodation will be provided in accordance with the Accessibility for Ontarians with Disabilities Act (AODA).

Please visit: www.clearview.ca

Manager of Planning

The Corporation of the Township of Clearview

Clearview Township is currently seeking a permanent full-time Manager of Planning.

Clearview Township is located in a region that has a long history as one of Ontario's favorite tourist and vacation destinations, attracting over 2 million visitors annually. Our community offers all the modern urban amenities with the attractiveness and friendly charm of small-town quality of life.

Qualifications:

Recognized Degree in Land Use Planning. Full membership in the Canadian Institute of Planners (MCIP) and Registered Professional Planner (RPP) maintained in good standing. At least 5 years experience in Land Use Planning in a municipal environment, along with 3 to 5 years supervisory experience and a valid G Driver's Licence.

Responsibilities:

Reporting to the Director of Planning & Building, the Manager of Planning is responsible for overseeing and managing the day-to-day operations of the Planning team, including everyday application processing, larger program management initiatives, and operations of the Committee of Adjustment.

The preferred candidate will possess demonstrated knowledge of the Planning Act and ability to advise, review and process all types, scales and complexities of Planning Act Applications. As well, they will have experience managing employees and possess sound knowledge of all applicable employment, and safety laws and regulations. The Manager of Planning is responsible for ensuring precise accuracy and high quality of outputs (e.g., reports, comments, formal responses, presentations) from Planning staff.

Experience and proven ability in writing and editing clear, concise reports to external bodies; able to handle difficult and conflict situations, to make independent decisions and to solve problems, communicate professionally, and to defuse periodic conflict situations involving the public, applicants and/or members of staff. In addition, the candidate will have excellent computer, customer service, interpersonal, project/time management, problem solving, presentation, and communication skills. The successful candidate is expected to regularly attend council and other meetings, which may occur after regular business hours.

Salary:

Salary range offered for this position is \$94,305 to \$115,781 per year plus a competitive benefits package that includes matched OMERS contributions and Extended Healthcare through Sun Life.

Note: The preferred candidate must be willing to provide consent for the Township to conduct a criminal background and vulnerable sector check prior to finalizing an employment offer.

Interested candidates are invited to forward their resume and covering letter quoting **job # 2024 - 020** to Human Resources **by May 24, 2024**, to: hr@clearview.ca

We thank all applicants for their interest; however only those applicants selected for an interview will be contacted. No phone calls please. The Township of Clearview is an equal opportunity employer.

Accommodation will be provided in accordance with the Accessibility for Ontarians with Disabilities Act (AODA).

Please visit: www.clearview.ca

Notice – 2024 Spring Hydrant Flushing

The Township of Clearview Water Department will be flushing hydrants between the hours of 8:30 AM and 4:30 PM on the following dates and locations:

Nottawa: May 13-15 • Colling-Woodlands: May 15-17 • Buckingham Woods: May 22-24

Please be advised that there may potentially be water interruptions and discoloured water could stain laundry during these times. If your water remains discoloured or dirty, run water until clear. It is recommended water softeners are left in by-pass mode during these times.

For more information, please contact: **Dale Lighthouse, Foreman, Water & Sewer**, Clearview Township • (705) 428-6230 ext. 303 • dlightheart@clearview.ca