The Creemore ECH

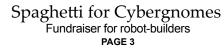
Friday, February 14, 2014 vol. 14 No. 7

thecreemoreecho.com

News and views in and around Creemore

INSIDE THE ECHO







This woman can move Let Pilates show you how PAGE 10

Publications Mail Agreement # 40024973



DOING A "HEARTY" DANCE — The kids of Creemore really got into the groove at "A Very Valentine's Day" at Station on the Green last Saturday. The event, which was run by **Miss Margie** and **darci-que**, incorporated dance, music, art and even cupcakes into a fun-filled day. For more photos of the event, visit www.thecreemoreecho.com.

Catholic students to stay at Vanier

By Kristi Green

Clearview elementary school students at Our Lady of Grace Catholic School in Angus will likely still graduate to Jean Vanier Catholic High School in Collingwood next year, pending the results of a boundary review by the Simcoe Muskoka Catholic District School Board.

During the boundary review, the School Board proposed routing Our Lady of Grace students to St. Joan of Arc Catholic High School in Barrie, instead of Vanier in Collingwood, next year.

However, Creemore parents should not be concerned, **Lonnie Bolton**, Superintendent of Education - Secondary Schools, told the *Echo*.

He said the School Board is also considering making Our Lady of Grace a "split-feeder school," meaning that children from Clearview would continue to go to Jean Vanier from Our Lady of Grace, while children from Angus would be routed to St. Joan in Barrie.

"The new boundaries will be grandfathered in," said Bolton. This means that students who are already enrolled at Jean Vanier in Collingwood (See "Parents" on page 3)

Big Heart Days are here!

From Friday, February 14 to Monday, February 17, enjoy many events and specials in the village. Celebrate the Goddess of Love with a warming hand massage at Discover the Path on Saturday, February 15 from 10 am to 4 pm, or rejuvenate at Ayrlie MacEachern's Kundalini yoga class at Mill Street Art Studio from 1:30 to 3:30. For more information, see page 11.

50 SHADES OF LOVE NOTES

By Kara McIntosh

You might think you know all about **Shelley Hannah**'s Love Notes, but this Valentine's Day could change that.

Shelley, a life coach, creates those tiny scrolls of brightly coloured paper, wrapped with sparkly pipe cleaner that are displayed in many shops and restaurants in Creemore – and beyond.

In the past, the notes have contained messages of affirmation and acknowledgement, but this Valentine's Day, there is a saucier kind of Love Note in town.

Instead of the general, inspirational messages of the earlier Love Notes, or the youth-focused notes of the

children's line, the new messages focus on positive body image, playful actions and exploring interactions with others.

"They are sexy and playful, always positive," said Shelley. "They could be considered edgy if you're in company you wouldn't want to share these messages with, but if you are with your friends or partner, they are not."

Love Notes began in the winter of 2001, when Shelley started gathering words of affirmation on paper. She gave them out to friends and family, and then more randomly in the Blue Mountain and Creemore areas. A friend asked her to make a small set that she could (See "Love" on page 5)



Shelley Hannah



Taking care of buyers and sellers in Mulmur and the Creemore hills for 38 years



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COMMUNITY Calendar

Submit your community events

info@creemore.com phone: 705-466-9906

fax: 705-466-9908

This Weekend

Friday, February 14 to Monday, February 17

Creemore's Big Heart Days. Show your love for winter. Enjoy free activities and fun all weekend. See page 11 for the schedule or visit experiencecreemore.com for details.

Saturday, February 15

 Make Your Own Love Notes! Join Shelley Hannah from 10 to 11:30 am at Mill Street Studio. above Affairs Cafe. and learn how to create your very own special love notes! Produce beautiful & colourful little scrolls, for yourself or for others, that look just like the ones available in stores in town, but contain your very own personalized messages! All materials provided. Ages 5-105 welcome! Workshop is free! Donations gratefully accepted for the use of the Studio Space.

Saturday, February 15

• Join darc-que and Michele McKenzie, the Mess **Mistresses** from 10 am to 4 pm at the Clearview Library Creemore Branch for an artsy messy literary good time. Free fun for the whole family. Warm public bathrooms and hot soup available too. 165 Library Street. 705-466-3011.

Saturday, February 15 to Monday, February 17

 Family Day Weekend celebration Highlands Nordic 1182 Concession 10 S. More information at www.highlandsnordic.ca

Sunday, February 16

• Church Services – see page 5.

Monday, February 17 Family Day

- Free Public Skating on Family Day Monday at Creemore Arena from 10 am to 2 pm and at Stayner Arena from 2 to 6 pm.
- Family Day Fun Skate from 11 am to 3 pm at Singhampton Park. Hot Chocolate / BBQ (by donation). Hosted on by Station 5 Clearview Fire Fighters.
- *The Creemore Echo* is closed today.

Upcoming Events

Tuesday, February 18

• The Creemore Community Youth Choir has begun their practices Tuesdays from 6 to 7:30 pm at the Creemore United Church. Practices will continue until early May concluding with a spring concert. New members are welcome to attend. Last day to join will be Tuesday, February 25. Ages 8-14. No singing experience required. No cost for joining. Variety of music selections to be incorporated. For more information please call Lynn at 705-466-2995.

Wednesday, February 19

- Creemore Horticultural Society Monthly Meeting at 7:30 pm at St Luke's Anglican Church, presents David Hawke whose topic is "Spring Things". All are welcome.
- Stayner Heritage Society presents "A Black History Event" featuring Janie Cooper-Wilson., Executive-Director SilverShoe Historical Society and Don Doner with a musical selection of "Spirituals" at Centennial United Church (corner of William & Oak) Stayner at 7:30 pm. (storm date is Tuesday, February 25) Everyone is welcome.

Thursday, February 20

· Canadian Blood Services' Blood Donor Clinic at Stayner Evangelical Missionary Church from 3:30 to 6:30 pm. Call 888 2 DONATE or www.blood.ca to book your appointment.

Thursday, February 20

• Spaghetti Supper & Silent Auction at New Lowell Legion from 5:30 to 7:30 pm. This fundraiser is to help the SCI Cybergnome Robotics Club. Adults \$10, \$5 for ages 5 to 12, under 5 with an adult are free.

Thursday, February 20 to Sunday, March 9

• Great Expectations at Theatre Orangeville. For tickets call 519-942-3423 or theatreorangeville.ca

Saturday, February 22

- Osprey Snowhawks Annual Poker Run starting at 10:30 am at Feversham Community Centre. For more information call/text 705-888-2683.
- "The Danceroom Presents" showcasing their award-winning competitive troupes. 7 pm at New Lowell Legion. A fundraiser for the "Accessibility for All" building fund for the New Lowell United Church. Adults \$15, kids 6-13 \$5, under 6 are free. Get your tickets early by calling 705-424-1034 or thedanceroom@hotmail.com.

Sunday, February 23

• Creemore Legion Breakfast – New Menu! Choice of 2 Eggs or waffle, home fries, toast, sausage or bacon, juice, coffee or tea included. Child's breakfast (1 egg or ½ waffle). Adult \$6, children 12 and under \$4. Hungry Soldier Special \$10. Taxes

Sunday, February 23

• Ray's Place Annual General Meeting at Station on the Green at 7 pm. Please join us to celebrate the milestones of another year supporting our youth! Special guest speaker is Al Clarke.

Tues Feb 25, Wed March 5

• Clearview Soccer Registration at Creemore Arena, Stayner Arena, New Lowell Fire Hall from 6:30 to 8:30 pm on each of these three dates. See ad below for details.

Saturday, March 1

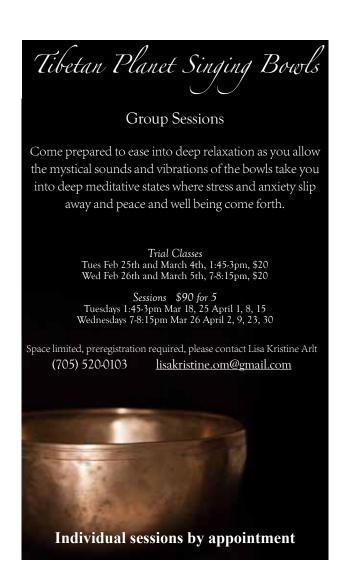
• Beef and Lamb Dinner from 4:30 to 7:30 pm at St John's United Church, Creemore. Adults \$15, children \$5, pre-school free. Everyone welcome

Monday, March 3

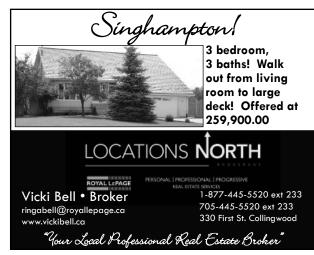
· Clearview Township's Council Meeting at 5:30 pm at the Council Chambers. Everyone welcome.

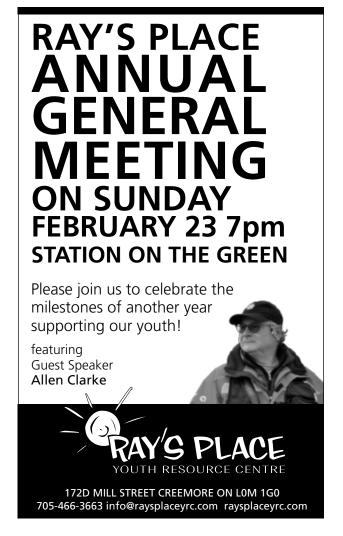
Saturday, March 15

• Win a pair of platinum Leaf tickets & Bobby Orr's My Story. Proceeds to support Ray's Place Youth Resource Centre. \$25 per ticket. Only 225 to be sold. Drop in to Ray's Place, 172D Mill Street or call 705-466-3663. Draw takes place today at 4 pm.









Parents can still provide feedback

(Continued from page 1) will not need to change schools.

About 40 children from Creemore, New Lowell and Glencairn attend the Angus Catholic school.

The boundary review is part of the Catholic School Board's goal to merge the elementary school populations of Our Lady of Grace, Prince of Peace School on Base Borden in Angus and Our Lady of the Assumption Catholic School in New Lowell due to dwindling enrollment, Bolton said.

Prince of Peace and Our Lady of the Assumption schools closed in 2013. Children from both schools now attend Our Lady of Grace.

The School Board held Open Houses for parents at the end of January. Parents and students have been encouraged to provide feedback about the changes through an online survey and at Boundary Review Committee meetings.

"We had a really good turnout," said Bolton. "We had almost a 100% of input from families. I'm confident that parents have been informed along the way to provide input."

The last Boundary Review Committee meeting was held on Monday, February 10. Next, the Board will make its recommendations to its Board of Trustees on Wednesday, March 5. The Committee has a final deadline of Wednesday, March 26 to incorporate feedback and make its final recommendations to the Board, who will make a decision after that date.

Parents who would like to provide more feedback should call the Board at 705-722-3555.

Echo brief

Blood donor clinic

Canadian Blood Services is holding a blood donor clinic on Thursday, February 20 from 3:30 to 6:30 pm at Stayner Evangelical Missionary Church on Main Street.

Cybergnomes raise funds for 2014 season

By Judah Page and Cybergnomes After a summer of festivals and farmers' markets, the Cybergnomes Robotics team are back in action. With 21 members, from Grades 9 to 12 coming from three high schools across Simcoe County, our team is now larger than ever!

Our 2014 season began in the fall with weekly meetings and bottle, scrap metal and electronics drives. New team members spent time learning about programming in java, learning build techniques, fundraising and raising awareness of the FIRST (For Inspiration and Recognition of Science and Technology) Robotics organization.

Saturday, January 4 marked the beginning of our 45-day build season. For the first time, we hosted our own kickoff in Stayner, inviting our sponsors to share in the excitement of the release of the game for our 2014 competition.

Our team has built a prototype robot to test our ideas and is working on a practice robot. Once completed, everything we have learned through design, trial and experimentation will be used to construct this year's practice robot.

This year's game, Aerial Assist, is a throwing game with a twist. Teams of three robots go head-to-head trying to move a two-inch exercise ball from one end of the field to the other to score. Points are awarded to teams that pass the ball effectively from robot to robot and can shoot to score in a goal seven inches off the ground. Bonus points are given to robots that can play catch over a five-inch truss in the middle of the field as they move the ball.

The team has set its sights on three competitions this year: Oshawa (Thursday, March 6 to Saturday, March 8), North Bay (Thursday, March 27 to Saturday, March 29) and Calgary (Thursday, April 3 to Saturday, April 5). In an effort to



Cybergnomes in action

raise funds for these competitions (entry fees, travel, accommodation and build supplies), we welcome new sponsors and thank our current supporters. We are hosting a Spaghetti Supper and Silent Auction, open to everyone, on Thursday, February 20 at the New Lowell

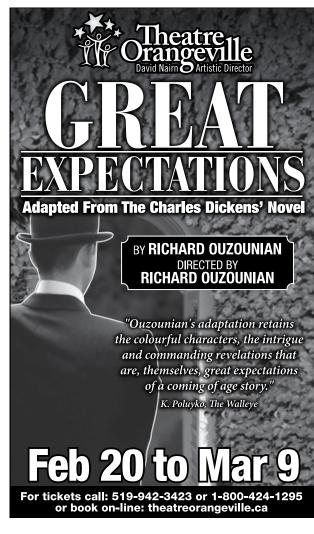
Legion from 5:30 to 7:30 pm.

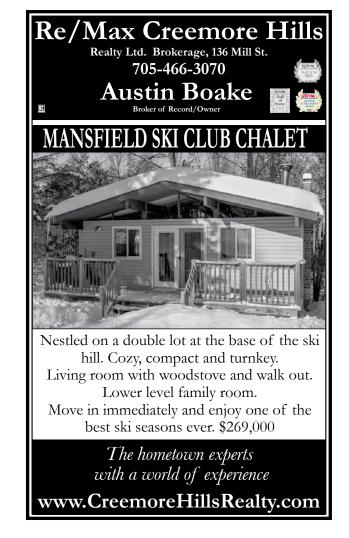
If you would like to learn more about our progress and our team, please visit www.cybergnomes.ca. Or, you can "like" us on Facebook at Cybergnomes FRC Team 2013, or follow us on Twitter at Cybergnomes 2013 (@cybergnomes).

CYBERGNOMES' SPAGHETTI SUPPER AND SILENT AUCTION Thursday, February 20, 5:30 to 7:30 pm New Lowell Legion

Tickets (\$10 adults, \$5 youth) at The Creemore Echo







Feedback and old photos welcome info@creemore.com call 705-466-9906 fax 705-466-9908

EDITORIAL

My dearest Creemore,

Is any other village as beautiful as you?

Your eyes are as deep as the mysterious, rushing pools of the Mad and Noisy Rivers. Your lips are as lush as the blooms that burgeon in the Mingay in spring. Your forehead as high and honey-like as the hills that embrace your shapely topographical plan.

With you in my life, the simplest pleasures come alive. The plane of sunlight that warms my face on winter's darkest days. The smiles of passersby on your sidewalks. The swish of skates I hear on your indomitable outdoor rink. The halcyon guidance your Mill Street provides.

Each morning I awaken to the sweet sounds of your snowplows, furrowing the depths of your perfectly white snowfall into commensurate lines for our children to play on.

Every night, I fall to sleep to the twinkling of your stars; your opulent moon lights my dreams.

Without you, I would not know how to live in Collingwood or Angus or Barrie.

Like a snowy owl, sitting high up on the telephone line in Honeywood, I will never let you out of my sight.

Like a Public Works employee from Clearview Township, or a volunteer firefighter who is roused from sleep to a midnight emergency, I vow to always take care of you.

Creemore, I will love you forever and a day. Your big heart is my true heart. Love always, *The Creemore Echo*

THE WAY WE WERE



New Lowell resident **Tom Cook** brought in this photograph of the teachers and pupils at the Tory Hill School (at 6/7 Sideroad and Hogback Road), around the turn of the last century. "Some people in the photo are related to me," said Tom. "But I have no idea who they are." After reading the article about **Jane Cooper-Wilson** in last week's *Echo*, he was reminded that his ancestors went to school in Sunnidale with some of hers (specifically, the Morgans). Tom's great-Grandfather, John Cook, came to Sunnidale from England in 1888 and his Grandfather Thomas was born there in 1892.

LETTER Cell phone towers harm health

Your newspaper has reported numerous times on the subject of wind towers. Please do not forget about the issue of cell phone towers. These towers will blanket Mulmur and Dufferin County in the not-too-distant future if Industry Canada has its way.

Did you know that the World Health Organization declares radio frequency microwaves as a class 2B (possible) carcinogen? Dr. Anthony Miller, one of Canada's foremost cancer epidemiologists, has stated that if the WHO were to review wireless radiation today, a 2A (probable) classification would be applied.

In addition to cancer, high quality studies have shown a relation between wireless microwave radiation and male infertility, behavioural problems in children, heart conditions and ADD/ADHD in children who have been exposed prenatally. Even some oncologists at Princess Margaret Hospital in Toronto are saying brain tumours can result from cell phone exposure.

The federal government's Safety Code 6, which specifies safe levels of radio frequency microwaves, is out of date. The safety levels published in the Bioinitiative Report os 0.1 microwatts per cm², a far cry from Health Canada's 600 to 1,000 mw/cm². To read what scientists and researchers are saying about this pressing issue, please go to www.bioinitiative.org.

For more information on cell towers in Canada, I urge the people of Creemore to visit the website

of the Citizens for Safe Technology: www.c4st.org. It will keep you abreast of tower development in Canada and what you can do to mitigate the radiation in residential areas.

Creemore got its first tower on Wellington Street, I understand. Future towers in Creemore should be situated away from residential areas to mitigate the microwave radiation that extends far away from the tower. You do not want to mar the pristine environment of Creemore with electro smog the way that Toronto is now marred. The people of Toronto want to continue visiting your wonderful town and continue enjoying the superior quality of air.

Julia Hattori, Toronto

QUOTE OF THE WEEK:

"Oh my goodness...look at it all! Thank you so much!"

 Avid knitter Nancy Strand, upon catching sight of the four overflowing garbage bags of yarn people brought to the *Echo* office for her knitting projects, after she ran a request for yarn for people recovering from strokes in last week's *Echo*. Letters reflect the views of community members and not necessarily those of The Creemore Echo.

Send your letters to:

The Creemore Echo 3 Caroline Street West, Box 1219 Creemore, ON LOM 1G0 Email info@creemore.com or bring them to the Echo office.

Letters must include the sender's full name.

All letters submitted to the Echo are not necessarily published. The Echo reserves the right to edit letters for length and clarity.

Letters can also be posted as comments on stories at thecreemoreecho.com or on our Facebook page. If we find one there, we will confirm that the writer wants it in the paper before printing it.





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Cat Flack's parents, Rigmor Dolores Yvonne Almgren and John Henry Haynes

A symphony of love for the ages

FLACK

My father was a very romantic fellow. My mother was showered with lots of love every day of her life, from the love of her life, my Dad.

He would write little notes and put them in places where he knew that she would find them throughout her day.

Every night, dinner for my parents was a solitary affair. We four kids were remanded to the "scullery" so that my Mum and Dad could eat in peace and quiet in the dining room. Dad had a stressful job with IBM, so dinner in peaceful bliss was important – or that is what we were led to believe. I think it was more of a time to have a bit of a romantic meal together.

Now, my husband is not much of a romantic guy. There are no surprises of roses, chocolates or even a mushy card. Instead, my husband chooses to serenade me every night with his impressions of many different kinds of

LOCAL CHURCI

DIRECTORY

Sunday, February 16

ST. LUKE'S ANGLICAN CHURCH

22 Caroline St. W. 705-466-2206

Sunday Worship Service

at 11 am. This week:

Celebrating the blessing & joy of

generations: past, present & future.

Come join us in the celebration!

All are welcome • 705 466 2206

wind instruments.

I have heard a chorus of French Horns, clarinet-type squeaking and even a little piccolo. There are times when I wish I could find the "off" switch (apparently a determined nudge in the ribs helps for about four-and-a-half minutes).

When I was a child, I thought there were little gnomes living in my ears, who, would slam tight the doors of my ears at night. (To me, it was the most logical explanation for not hearing anything in the night.)

I am usually the first to go to bed just so I can get a head start on falling asleep and dulling my senses to the orchestral booming of my husband's nighttime routine.

Whatever your Valentine's Day brings you – chocolates, roses, a fancy dinner or even just a peaceful night at home – enjoy it. And may your world be filled with love and music – whatever kind of music that may be.

CREEMORE UNITED PASTORAL CHARGE

February 16: Communion Sunday:

New Lowell at 10:15 am,

St. John's, Creemore at 11:30 am

(next week congregational meetings

at worship time for all 3 churches)

All welcome • 705-466-2200

Creemore Big Heart Seniors

Canada is doing well at the Olympics! Go Canada, go!

At the Creemore Legion, we had another good turnout for fun and cards this week, with eight full tables and one table of three.

Lucky draw winners were May Johnston, Marg Falls, Leona Hartling, Bob Veale and Irn

Leona Hartling, Bob Veale and Irma Flack.

There were 12 Moon Shots played by Marj Thompson x2, Marg Hennessy x2, Martin Verstraten, Eileen Nash, Janice Stephens, Phyllis Seed, Dave Smith, Evelyn Warden and Bert Douglas, and the travel prize went to Earl Bentley.

Winners for the day were **George Blakney** 302, **Isabelle Gubbels** 298, **Lillian Hiltz** 295 and **Peter Gubbels** 287, and low score went to **Marj Douglas**.

Our condolences to **Marcia Cameron** and family on the passing of her husband Arvid on Saturday, February 8. We are sorry for your loss, Marcia.

Barb Cudmore is coming along as well, or better than, expected.

Rama had called Irma Flack to



say they could get a bus for us to go to the casino, however, Irma told them that with the amount of snow we had this year and very cold temperatures, we would not be interested in going to Rama in January, February or March.

Ray Leighton reported that the Legion had replaced the furnace that services our meeting room and it would not be necessary to cancel cards, as suggested in the previous column. Hooray!

June Hartley brought in some books for anyone to take and read.

It was suggested that on the first Thursday of each month we ask for a show of hands for whomever had a birthday that month, and we would then sing "Happy Birthday" to all.

At the end of the day last Thursday, it was suggested to me that we remember that we come to this club for enjoyment and fellowship, and that it should remain a pleasant experience.

Do not forget the potluck on Thursday, February 20. Come and enjoy!

Remember: Nothing is really lost til Mother can't find it.

Love Notes create a ripple effect

(Continued from page 1)

give away. Word caught on and she was asked for another set and then another.

Each piece of paper has a note such as, "You sprout love and joy wherever you go" or "You are magical! You have the ability to create new possibilities for yourself and others, yay!"

After hearing for years that people were interested in a sexier version of Love Note, Shelley decided to create the new line.

"I like being able to do something that puts a smile on someone's face," says Hannah. "The unexpected part is the fun part for me. Everything I do is about looking to create the world I want to live in."

Shelley loves hearing the stories of people receiving a Love Note, how they react and of being able to make someone's day. She recently received a note from a woman in the U.S. who had been given a scroll, thanking her for making her feel good every time she looked at her Love Note.

A cousin of Shelley's was giving out

Notes to customers at a market in Alberta. A woman opened her scroll, started to cry and then went behind the table to hug her and say thank you. The woman left without showing which Love Note she had received, but Shelley's cousin knew how much it had touched her.

These days, Shelley keeps a stash in her purse at all times, sets them out at events she attends, hands them out to random strangers or slips one to the person who lets her go first in the grocery store check-out line.

Love Notes are available online at www.shelleyhannah.ca, as well as in Creemore at Cardboard Castles and the 100 Mile Store and in Collingwood, at Hearts and Crafts. If you shop at Curiosity House in Creemore, you may just get one as a gift with your purchase.

According to Shelley's website, "Like it or not, we all leave a ripple. Why not consciously choose the ripple you will leave?" With Love Notes, Shelly is both choosing and making ripples wherever she goes.

THE SALVATION ARMY HOPE ACRES COMMUNITY CHURCH Invites you to attend Sunday Church Services at 10:45 am 998614 Mulmur Tosorontio MAKE YOUR OWN LOVE NOTES Saturday, February 15, 10 to 11:30 am Mill Street Studio, 148A Mill Street Freewill offering All materials provided

St. James' Anglican Church Clougher-Lisle

Townline, Glencairn

For more info call (705) 466-3435

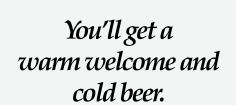
Sunday Service at 9:30 am All are welcome to join us.

CREEMORE BAPTIST CHURCH

705-466-5202

Sunday School for all ages at 9:45 a.m. Worship Service 11 a.m. 12 Wellington Street West For info call (705) 466-6232 All are welcome

To tell us what is happening at your church, call Georgi 705-466-9906 • fax: 705-466-9908 • email: info@creemore.com



At Creemore Springs we take pride in introducing folks to the great taste of our beer and showing them how we make it. So the next time you're near the town of Creemore, drop by the brewery, the hospitality is on us.







Hockey game (above) and float from 2014 Winterama

WINTERAMA, SPEECHES AND A DANCE EXTRAVAGANZA

Hats off to the 38th Winterama Committee! Winterama, which was recently held from Friday, January 31 to Sunday, February 2, was a huge success. A cold, wintry day turned out many smiles, laughs and lots of fun.

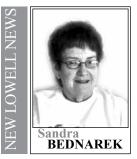
This doesn't happen without a great deal of planning, meetings and trying to improve the events each year. From the delicious spaghetti supper, fireworks,

comedian shows and parade to the snowmobile races, children's games, craft shows and most important, the fun that was available through all of these events.

This week we are heading up to Valentine's Day amid flowers, chocolates and gentle hugs. It is a wonderful time of year to be a "special" someone to a friend, loved one, neighbour, child or shut-in. Bring Valentine's Day back to the basics with a gentle hug, a special card (a handmade one has more meaning) or perhaps a delicious dinner.

It is time to get your tickets for a dance extravagancy on Friday, February 22 starting at 7 pm at the New Lowell Legion when The Dance Room from Stayner will be showcasing their award-winning competitive troupes. Adults are \$15, kids ages 6 to 13 are \$5. Under 6 are free. There will be snacks available at intermission. Extra Lensory Perceptions Portrait Studio will be on sight taking single or group pictures. What a wonderful way to have a lasting memory of a special evening.

This is a fundraiser for the "Accessibility for All" building fund for the New Lowell United Church. Tickets can be purchased by contacting 705-441-3790, 705-424-8687, 705-424-1034 or thedanceroom@ hotmail.com. Don't be disappointed; get your tickets early for this great presentation.



I was very honoured to be asked to be one of the judges of the junior and intermediate speech competitions at New Lowell Public School. The New Lowell Legion had representatives at the event and they will sponsor a zone title when all schools have completed their speeches. The Lions Club also will hold an area title in the near future. The students who were classroom winners took part in their

respective levels:

Grade 4 Sean McMahon, Gerred Ingram Sammi Groves, Alexander Morozko Liam Reynolds, Claire Diana Grade 5

Elise Carlson, Ella Hayward Grade 6 Savannah Strong, Taylor Glenn Michelle McGillivary, Jessica

Grade 7 Hanna Hutchison, Tim Speyer Grade 8 Quinn Eggleton, Zoe Delorme

Legion Rep. Winners:

Ella Hayward, Quinn Eggleton Lions Rep. Winners:

Michelle McGillivary, Quinn Eggleton

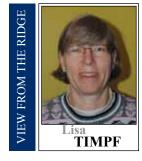
Public speaking is a skill that must be learned and practiced. With the help of their teachers, parents and Miss Hartley, these children are on their way to learning this skill. Congratulations to all!

Enjoy Family Day on Monday, February 17. This makes a nice long weekend and perhaps Mother Nature will give us sunshine and milder temperatures.

That's the news in and around New Lowell. If you have some special news, please contact Sandra at 705-424-5497 (4 to 6 pm) or sandra@bednarek.ca.

Seeking the door into summer

Snow, enduring cold, numbing wind chill and the lack of a strong, satisfying midwinter thaw have combined to make the winter of 2013/2014 seem, for some of us, interminably long.



My Border Collie's silent protest against the conditions is shown by the

brevity of her focus-driven outdoor visits. If I walk her inordinately long, she lifts a frost-chilled front paw and bestows a beseeching look, then hightails it for the door.

She spends her indoor time dozing on the couch or in front of the wood stove, studiously ignoring the squirrels raiding the bird feeders. Here, she drifts into paw-twitching dreams, perhaps imagining herself chasing her beloved "flying disc" toy over a springy carpet of summer grass.

The cat, meanwhile, is engaged in behaviour that brings to mind the feline in Robert A. Heinlein's 1957 novel, *The Door Into Summer*. No matter how chilling the outdoor temperature, he remains convinced that this time when he sticks his whiskered face out into the fresh air, surely winter will be over.

He employs a variety of techniques in his relentless search for the warm weather. Sometimes, he does the out-one-door-in-the-other routine, which becomes more frustrating when he comes in only to ask to go out again immediately after.

Other times, he perches himself on the door ledge, half-in and half-out, as if planning to remain there until the indoor air heats up the outdoors. It is usually necessary to encourage him to make up his mind one way or the other. Alas, this encouragement is sometimes less than patient.

His third method involves a brief foray into the outdoors, followed in 30 to 90 seconds – just long enough for the cold to register – by a leap up onto the window sill where he bats frantically at the glass pane until someone lets him in. Having 28 acres for him to roam in is somewhat wasted during this kind of winter.

I suppose I shouldn't criticize him, as I am engaged in the human equivalent of his behaviour – checking the Weather Network website all too frequently for any signs of a warming trend, while fantasizing about Florida vacations.

I am encouraged, however, by a few signs of the impeding spring – one being the sprouting of numerous seed catalogues in my mailbox. Looking at pictures of flowers and vegetables, and envisioning the coming summer's garden can be a good temporary release from the winter blahs.

I am also cheered by the thought of the daffodil and crocus bulbs hibernating under their snowy blanket.

Yes, spring is coming, I am sure of it – I'm just not sure when. We'll have to wait and see – and have faith that one of these days, we really will be opening the door into summer.

Until then, since my dog-walking duties are at present somewhat curtailed, I'll resign myself to being the somewhat inept doorperson for a highly impatient cat.



Echo Briefs

Young life lost

Amelia Allen, 24, who grew up in Websterville, was found dead in Wasaga Beach on Friday, February 7. Police were called to the Granada Motel after 2 pm, where Allen's body was discovered. While the death is still under investigation, the OPP say it is not suspicious.

Local skiier in Sochi

A member of Duntroon's Highlands Trailblazers cross-country ski team is competing in Sochi, Russia at the 22nd Winter Olympic Games. Brittany Webster has been a member of the Trailblazers, which operates out of Highlands Nordic, since 2004. Cross Country Ski Canada named Webster to the Olympic team in January, after she placed second in two qualifying races in Canmore, Alberta. Webster is scheduled to compete in the Olympic four-person relay on Wednesday, February 19 and in the 30-km freestyle race on Saturday, February 22. Although she qualified for the 2010 Winter Games in Vancouver, Webster was unable to compete due to a sinus infection.

Mulmur supports CORE appeal

Last week, the Township of Mulmur passed a resolution to support Conserve Our Rural Environment (CORE's) appeal of the provincial government's approval of Dufferin Wind Power's proposal for a 49-industrial wind turbine project in Melancthon Township. CORE is an organization of volunteers in Mulmur dedicated to monitoring the area's water, safety, wildlife and quality of life. Previously, Mulmur declared itself to be "not a willing host" to the project and expressed serious concerns about its effect on the Township, residents, cultural landscape and natural environment. Mulmur has called for a moratorium on the development of these projects until the health effects of them are more clearly understood.

wpd turbine concerns to Queen's Park

Clearview is sending a resolution to the Ontario Ministry of the Environment outlining its concerns with the eight proposed wpd Canada wind turbines, planned for west of Stayner. The resolution says that wpd ignored feedback from the Township and that the turbines pose a danger to airplanes at the Collingwood Regional Airport.

New Lowell cell tower approved

Clearview has approved plans for a Bell cell tower in New Lowell to improve cell phone service in the area. After debate about what kind of tower to erect behind the New Lowell Legion on Country Road 9, the Township agreed on a 40-metre monopole tower (as opposed to an open-lattice tripole) for aesthetic reasons.

Family Day skating

Clearview will offer Free Family Skating at the arenas in Creemore and Stayner on Monday, February 17. The Creemore and District Recreation Centre Ice Skating Rink will be open from 10 am to 2 pm, and the Stayner Memorial Arena Ice Skating Rink from 2 pm to 6 pm.

Military exercise in Creemore

The Royal Canadian Electrical and Mechanical Engineers School will conduct an exercise practice in Creemore on Thursday, February 20 from 7:30 am to 6 pm with approximately 45 students and course staff wearing military dress. The soldiers will not be armed and no live, blank or pyrotechnic ammunition will be used. The students will be learning how to evaluate suitability of urban infrastructure for support operation. They will be closely supervised throughout the period.

Singing triangle youth choir

Youth singing, acting and choreography group, The Singing Triangle Squad, will hold auditions for new members on Friday, February 21 from 6:30 to 8:30 pm at Cloutier Music (123 Hurontario Street) in Collingwood.



FLOWERS WITH FEELING - Nicole Lemaire and (a.k.a. The Florist Fairy of the shop of the same name) holds up a heart wreath she made using 41 roses, two orchids and waxed flowers. To prepare for her first Valentine's Day as a florist, Lemaire ordered 300 red roses to the store, which she opened last November. "This is my dream," says Nicole, who has always loved working with people and flowers. "It's about more than just the look or the scent; it's about the emotions."

LEGION AWARDS NIGHT

By Norma Friest

Royal Canadian Legion Branch 397 Creemore held its Honours and Awards and Ladies night on Saturday, January 18.

After grace was said by Comrade Dawn Craven, we enjoyed a beautiful roast beef dinner served by the United Church Women. Comrade Norma Friest chaired the



Marie Blohm

meeting along with Comrade Laura Earles. They introduced the Ladies Auxiliary President, Dee Hanson, and the Branch President, Jim Richards. Comrade Nancy Willoughby from the Ladies Auxiliary presented the ladies' year pins.

Comrade Marg Falls received her 40-year membership pin and a bouquet of flowers. The Legionnaire of the Year for the Ladies went to Comrade Marie Blohm. Comrades Friest and Earles presented Comrade **Howard Hanson** with his 50-year Long Service Medal, and Comrades Dave Smith and Ed Stephenson with their 65year pins.

This year, two Legionnaire of the Year awards were presented by President Jim Richards: one to Mary Underhill for her volunteer service, and one to the Ladies Auxiliary for their continuing efforts in support of the Branch. Mary Mugford was introduced as the only widow of a Second World War veteran present.

As in previous years, Branch 397 Creemore presented money to representatives of the town's youth groups. Recipients were: figure skating, minor hockey, the Nottawasaga and Creemore Public School band and breakfast programs, 1944 EME Cadet Corps, Ray's Place, soccer and the three Scouting units. Following the presentations, a social time was held in the Lounge.

CREEMORE SKATING CLUB NEWS

The *Echo* apologizes to the Creemore Skating Club members who competed at the Huronia Funskate in Midland on Saturday, January 18, and whose results did not appear in last week's edition.

Here they are (drumroll, please):

BRONZE CREATIVE SKILLS:

Rylee MacGregor 3rd

INTRODUCTORY INTERPRETIVE:

Rosalyn Martin 2nd Rylee MacGregor

PRE-PRELIMINARY SOLO DANCE:

Ella Hayward 6th

PRELIMINARY SOLO DANCE:

5th Natalie Hepburn

JUNIOR BRONZE SOLO DANCE:

Karine Talbot 2nd

SENIOR BRONZE SOLO DANCE:

Rosalyn Martin 7th

PRE-PRELIMINARY SHOWCASE:

Group 1 - Ava Hogben 3rd Group 6 - Natalie Hepburn 8th

GROUP SHOWCASE:

Ashley Dunn & Karine Talbot 2nd

CONGRATULATIONS!



A New Age of Care



has come to your Hospital because you believed!

Your gifts brought state of the art technology to the Collingwood General & Marine Hospital and pledge payments promised over the next three to five years will continue the investment to support fast accurate diagnoses and exceptional care.

Every piece of equipment and technology identified in the New Age of Care will be purchased and installed because of you, our generous community.

Dozens of volunteers and businesses worked tirelessly to accomplish this important mission. Their generous efforts drove the campaign to success and saved thousands of dollars along the way.

Thank you to every individual, business and community group that invested in a New Age of Care for our community.

Together, we've accomplished something great!



Resources and space have required us to limit the donors recognized in this ad to those who gave \$1,000 or more.

We wish we could have included every name as it took every single gift to successfully accomplish the mission of bringing a New Age of Care to this community.

Thousands of individuals, businesses and community groups have invested in the New Age of Care Campaign over the past few years.

Our appreciation is extended to each and every one.

Warren & Bonnie Finlay

Glyn Frost & Heather Śmiley

Builder

Georgian Bay Club Foundation Pierre L. Morrissette Family Foundation

Innovator

Tony & Anne Arrell BMO Bank of Montreal Ron & Barbara Besse Blue Mountain Resorts Limited David & Paula Butterfield Audrey & Donald Campbell Foundation Canadian Mist Distillers Gordon Canning & Andrea Dr. Olivia Cheng & Dr. Todd Starr Susan & Bud Christensen Craigleith Ski Club Catherine & Donald MacLean Daniel McAreavey Family Foundation Dr. Clare O'Brien Estate of Helen O'Hara in memory of Edward O'Hara Prasad Family Foundation RBC Foundation Scotiabank Wyn & Ray Smith Robert & Ricki Thompson Tony & Cathy Viner

PILLAR

Agnora Architectural Glass David & Joan Black Blue Mountain Chrysler Jim & Judy Britton Bill & Marguerite Burk Helen Cerny & Family Collus PowerStream Corp. George & Heather Dickson & Family Fast Foundation Kate & Rowland Fleming Lafreniere Auto Robert & Susan Little Mary E. McCaig PJ Phelan Sailing Foundation Wayne & Maureen Pitman Reinhart Foods Ltd. Rotary Club of Collingwood Elodie C. Sandford John & Carol Saunders Donald & Carolyn Smith C.C. Tatham & Associates Ltd. John & Janet Trude Charles & Elaine Turnbull The Vincent Family Bruna Wierzbicki Zancor Homes Ltd.

Anchor

Ainley Group Angelo & Paul Breda In Loving Memory of Betty Cameron Scott Campbell CIBC The Corporation of the Township of Clearview Bob & Betty-Jean Cook The Pete Crompton Foundation Crozier & Associates Gord & Lu-Anne Demetrick FreeSchools World Literacy Sue & Derek Tennant Dan & Joanne Gallo in memory of Florence M. Monaghan (Gallo) Dave & Pat Garner Bruce & Anne Godwin Dr. Eric Goode Hamlin Family Foundation Hanna Motor Sales Tony & Niqué Hendrie Brian & Wendy Hickey Honda of Canada Mfg. David & Joan Black in honour of Dr. Scott Houston Dr. Scott Houston & Dr. Anne Engell Marilynn Hutchison in memory of J. Douglas "Ol Bzrd" Hutchison Murray and Julie Kerr Kinetté Club of Wasaga Beach Stayner & District Kinsmen Wasaga Beach Lions Club Bill & Mandy Macrae

Lee & Chuck Magwood In Loving Memory of Anna Marik In Loving Memory of Susan A. Merry Rich & Joyce Miles National Bank Altamira Foundation Wayne & Hilda Noble Neal & Kim Owen Peter & Judy Perry Jeff & Michelle Poulsen & Family Tim & Frances Price Marg & Emie Purkis Doug & Liz Quanbury In Loving Memory of Dr. Jay & Mrs. Evelyn Richardson Robbie & Judy Ross Rotary Club of Collingwood South Georgian Bay Rotary Club of Wasaga Beach David & Regina Rozycki Elton Scriver In Memory of Jessie Scriver Shertine Construction Ltd The Strow Foundation Switch Video Kent & Diane Taylor Vandewater Family Walker Family Foundation Town of Wasaga Beach Richard & Laura Wilson Susan & Jim Worts & Family

Leaper

& Family

Bunmi & Dapo Akinyele

Bates Sand & Gravel Limited

Baulke Augaitis Stahr LLP Rob Blakey Blue Mountain Village Foundation Walter and Elaine Borthwick Judy & John Bowman Bridgman Family Gillian Penketh & Reid Campbell Marc & Cyndy Campbell Carrasco Family Bob & Agnes Charlton Clarksburg Contractors Ltd. Town of Collingwood Cranberry Golf Resort Jack & Susan Duffy Debora Edgar Fawcett Funeral Home Limited The Featherson Charitable Foundation First Affiliated Foundation Green Leaf Distribution Inc. Dr. Jesse Guscott & Ms. Gwendolyn Jamieson Havens Home Building Centre Duncan & Sharie Hawkins Jackman Foundation Brent & Rachel Kelly & Family John & Jo-Anne Kennedy Jory & Doug Kerr & Family Kidzpace Interactive, Inc. Lewis Motor Sales Inc. Dr. Michael Lisi & Mr. Joseph Pugliese Robert & Patricia Lord Ron & Inez Martyn Crick & Sue Merry Shiela & John Metras Midwest Metals Dr. John Miller Optimist Club of Collingwood Dr. Susan O'Toole Dr. Don & Joan Paul June & Bill Phelps Royal Canadian Legion Stayner Br. #457 E. Jane Smith Jill & Phil Stevenson Michael Stock Gordon & Marylyn Stovel Charitable Foundation Lorraine & Bill Strain Bill & Lois Twelvetrees Al & Barbara Wallace Peter & Penny White Dr. Gillian & Mr. Richard Yeates

Steward

Gerry & Gail Bascombe Anna Hobbs & Byron Beeler Dale Biddell Town of the Blue Mountains BlueRock Wealth Management

Toni & John Burleton Dean Connor & Maris Uffelmann Doug & Martine Culham Gordon & Patricia Cunningham Lloyd & Linda Davis Dr. Matt Distefano Heather, Rob, Izabella & Lia Dozzi David & Urve Earthy Ron Emo Gaviller & Company LLP Michael & Dale Gee Valerie & Edward Godman Family Greenland International Consulting Ltd. Monique & Gerry Greenwood Dr. Robert and Heather Hamilton Chris Hoffmann & Joan Eakin Bob & Norah Holder Larry & Sue Jackson Mike & Doreen Jackson Armenak & Debbie Kesheshian & Family Claire & Alex King John & Judith Kitchen Dr. Mark Leung Dr. Michael Lewin & Family Wasaga Beach Lioness Club Stayner Lions Club Jack & Susan Marley Jack & Linda Marshall Colin & Mary Lynn McDermid David J. McFadden The Merrifield Family & The Cowan Family Robert & Lynn Mills Roger Oatley John and Valerie Orviss Tony & Susan Pacaud Tom & Isabell Phelps Dr. & Mrs. Peter G. Phillips Robin & Catherine Randall Sue & Paul Roberts Royal Canadian Legion Foundation Jeff Shearer, On the Bay Magazine Mark & Alison Sheffer & Family Shoppers Drug Mart Life Foundation Darrin, Beth, Charlotte & Lilia Smith Gus & Helen Stanwyck Gail & Doug Todgham K. Vogel Construction Ltd. and Ken and Beckie Vogel Robert & Louise Watt Doug B. Wilson Larry & Jennifer Young Richard & Marilyn Young Wylde Wind Foundation

Randy & Julie Buckley

Loyalist

Sandra Andrews Anne Anstey Richard & Ánna Benedict Blue Mountain Golf & Country Club Sean Ainley & Maria Borges Ainley Bill & Isabel Brown Brown Fuels Limited Mary & Jim Buchanan Cafe Chartreuse Sean, Linda & Emily Caron Brian & Charlotte Carter Annie & Pat Casey Centenniai vvomen Bill & Sharon Chapman Chartwell Select Georgian Traditions Anita Chevalier George & Frances Christie Dan More & Patricia Christie James A. & Eleanor Clark Don Coburn & Jane Christie Stephen Cole Collingwood Cycling Club Carol & Fred Collins Joan & Jack Corbett Creemore Springs Brewery Ltd. Linda Comeau & Domencio D'Ambrosio Patricia A. DeGeer Sandy Dilworth John & Barb Distin Collingwood Dental Centre Duntroon Highlands Golf Club Janice & Dave Ellis Dags & Willow Farrow Arcaro Design

Robin Fillingham

John Fursey Laurie & Lloyd Gilbert Michael & Catherine Gildiner Nancy & Don Godfrey John & Gayle Gordon Barney & Barb Gotuaco Gwyneth Green Paul Hawman Stephen Headford & Sue Ann Wickwire Mary Louise Henderson Highland Fuels Dundalk Ltd. James & Claudia Huston Richard Isaacson Dale & Daphne Jackson Paul & Karen Jackson Linda & Peter Jessen Jubilee Presbyterian Church Ted & Stella Karas Barbara Keslick George & Pam Kinzie Knights of Columbus Father Lally Council 5793 Marilyn & Henry Knowles Michael Lacroix Monica & Lars Londen James Malone & Carol Port William & Barbara Mann Dr. Paul & Mrs. Heather McCleary Margaret McEwen McLaughlin Auto Wreckers Allan & Doreen McLean Jennifer & Steve Meesters Vic & Donna Menage Paul & Gayle Millsap Stanton & Kathleen Mulvihill Diane Murphy Ian & Teddy Murray George & Mary Murray Margaret Nicol Lisa Nicol Paul & Sadie Nixon Dr. James & Mrs. Wilma O'Brien O'Halloran Family Olde Town Terrace Mary Oliver Pauline Orr Howard Pain Donna Pettigrew Pegg Eugene & Riki Peycha Don & Jane Phair Margaret & Norm Pirk Steve & Karen Potts Dr. Mark Quigg & Dr. Alaine Debono Chris & Pat Raible Dave & Patti Plater William Redrupp Cathryn & John Reeves lan & Joan Rogers Jamie & Andrea Ross Salnek Window Fashions Jan & Norm Sandberg Collingwood Orthodontics Harry & Lillian Seymour Roger & Lorna Shackell Shaw, McLellan & Ironside Sir Joseph Flavelle Foundation Dr. & Mrs. Donald Smith Robert & Colleen Smith Snowy Owl Management Kevin St. Thomas Stayner Chapter O.E.S. #270 Jennifer Stevens Elizabeth Stone Robert & Diana Storek Norman & Wendy Stormes Donna & Rino Stradiotto Marguerite Tamblyn Paul Taylor Derek Thompson & Carole Moon Jane & Frank Tilley John & Gail Timmerman Joseph & Jean Van Benthem David & Eleanor Walker Wasaga Beach Cruisers Cathy Weatherall Wietse & Corrie Van Dolder & Family Charitable Foundation Orma Wines

A special thank you to John & Georgi Denison for their gift in memory of George & Velma Stoll

MEET KARIN STEPHENS: YOUR PILATES PATHFINDER



Karin Stephens (with props)

Last year at this time, if you had told Torontolocated freelance editor **Karin Stephens** that she would be soon living in Creemore, she would have thought you'd gone mad.

Yet, less than one year later, that is just what she did.

Karen moved to Creemore with her six-year-old son, **Christopher**, last September after visiting her friend and Hummingbird Montessori owner, **Sherri Jackson.**

Now, in addition to editing, she also works as an assistant at Hummingbird Montessori and teaches Pilates classes as Station on the Green.

How did you come to Creemore?

I came here just last summer. We came up at the height of summer when there was a blue sky, markets going and fields of sunflowers blooming. It was just so gorgeous.

It was a gut thing. We went for a pint. Creemore is away from the hustle and bustle of the city, yet there is still so much going on. Because I am freelance, I have the ability to move around. That was it. We suddenly moved up here in September. It was so quick.

How do you like living here?

It has been a fantastic change. We have been lucky to make friends and meet lovely people.

Everyone has been inviting and friendly. When we go to the café, we know five people. It makes us feel we made the right decision. Everyone has been so helpful that you feel very supported even though it hasn't been very long.



THANK YOU THANK YOU THANK YOU

On Friday, January 24th, 2014, due to severe blowing of snow on County of Dufferin roads and Provincial Highways, several motorists were stranded in Honeywood, Orangeville and Shelburne.

Thank you to those who helped us, beginning late on that Friday evening and for the next seven days.

- Our amazing residents who rescued and housed several stranded motorists....you know who you are!
- The other good Samaritans
- Emergency Services: Dufferin OPP, Shelburne Police, Orangeville Police, Dufferin Paramedic Service, Mulmur-Melancthon Fire Department, Rosemont Fire Department, Shelburne Fire Department, Orangeville Fire Department, Grand Valley Fire Department
- Our staff who were mobilized quickly and responded immediately
- The Canadian Red Cross volunteers who staffed two shelters
- Our local municipal Councillors and staff who banded together and supported each other
- Our local businesses who helped out
- The media who helped us get our message out
- Group of community volunteers who stayed to help our staff on January 24, 2014 to help pick up food and water
- Region of Peel
- Region of York
- Private snow removal contractors

Warden Bill Hill and Members of Council County of Dufferin

55 Zina Street, Orangeville, Ontario, L9W 1E5

Phone: 519-941-2816 E-mail: info@dufferincounty.ca

www.dufferincounty.ca



SEASONAL STUDENT EMPLOYMENT OPPORTUNITY PUBLIC WORKS DEPARTMENT

The Township of Mulmur will accept letters of application, up until **Friday, February 28, 2014 at 1:00 p.m.** for one (1) seasonal student labourer position for public works, parks, cemetery maintenance and related duties.

This position will be approximately 40 hours per week. The work period will be from April 30th to August 31st, 2014. Legislated benefits will be in accordance with the *Employment Standards Act*. There is no benefit package associated with this position. Completion of Grade 12 or equivalent, current valid class "G" driver's license and your own CSA approved safety footwear are required for this position.

Please note that since this position is part of the Government's Canada Summer Jobs Program, applicants must be registered as full-time students in the 2014/2015 school year to be eligible for employment.

Resumes will be accepted via email, fax and in person.

For further information, please contact the undersigned.

Township of Mulmur John Willmetts, Director of Public Works jwillmetts@mulmurtownship.ca 758070 2nd Line E

Ph: 705-466-3341 X 224 Mulmur, ON L9V 0G8 Fax: 705-466-2922 Christopher loves it, too. He is able to explore the river and the hills and all around. We love going to the library and visiting Sunny the cat.

And there have been events like the Christmas tree-lighting. If I was downtown in the city, I don't think we'd be doing this, and I think it's so great for the children. It's a kind of freedom you don't get in the city; here you can let go and be who you are.

That's the beauty of following change and making it happen. I'm a big believer in the forces of the universe; how many people can guide you and help you. It makes you feel grateful and want to give back. That is what Cremore is all about, I think; a mutual togetherness.

How did you start Pilates?

I had recurring lower back issues, which started in my 20s. It's probably because I was carrying big, vinyl records on my back when I went to the University of Toronto (I worked at the radio station).

After having terrible muscle spasms, I had an X-ray and the radiologist asked if I had ridden horses as a child, which I had. You can have an injury as a child that comes back on when you're older.

I wanted to get fit so I went to Pilates classes in Richmond Hill, where I met my mentor, **Evelyn Charters**, who was the inspiration. I would feel amazing after this class. At the time, she was training and she asked me to be her "guinea pig."

How did you become a teacher?

When I was in London [Stephens is originally from Bedfordshire near Cambrudge, in the U.K.], I realized that I wanted to come back to Toronto and teach Pilates. I wrote to Evelyn and together we brought the Body Control method of Pilates – which was popular in Europe, but not in Canada – to Toronto.

It is really only through Pilates that I have addressed my back issues. I understand my posture and how I move my body. I wanted to teach it so I could help other people.

What is the Body Control method?

Body Control is different than Classical Pilates. It is Pilates for the everyday person involving functional, movement education, rather than classical poses.

Pilates can really vary in how you approach it. I believe in Pilates where there is a functional understanding of how you use your body. It is a more holistic way of conditioning your body... but more functional than just getting a flat tummy!

I like to use props (such as rollers, weighted balls and Therabands), and do standing and sitting work, so it's not just lying on the ground the whole time. We connect the mind and body through breath and use mindful movement like yoga.

How can Pilates benefit health?

People don't realize that sometimes they forget to breathe. We need to get everything aligned in the skeleton to what it should be. Pilates is about trying to use the right muscles for the right movement.

There is only so much one hour of Pilates can do but it's also about education. We hold a lot of tension inside our bodies – it's about letting go of that tension and strengthening the body.

If people have issues with their feet or legs and want to get to the root of it or prevent it from happening, then Pilates is for you. If you understand how your body works and how you can keep it maintained, there is so much you can do for yourself.

We weren't made to sit at a computer desk all day. We are trying to bring everyone back to a state of being a moving species.

IN THE MOOD TO MOVE?

Don't let winter get you down. Creemore offers a variety of classes for those who want to stay fit during the winter months at Station on the Green.

NIA WITH AYRLIE MACEACHERN Mondays, 6 to 7:30 pm

YOGA WITH SASS DEMPSEY Tuesdays and Thursdays, 9 to 10:45 am

PILATES WITH KARIN STEPHENS
Tuesdays, 7 to 8 pm & Wednesdays, 9:30 to 11 am

TOAIST TAI CHI
Mondays, 1 to 3 pm & Wednesdays, 6:30 to 8:30 pm



FRIDAY

Sweetheart Skate 7pm - 9pm Station on the Green rink Hot Chocolate/Warming Station

Ice Lantern Display 7pm - 8pm Station on the Green rink

SATURDAY

Pancake Breakfast 8am - 11am

Creemore Legion

Kid's Curling 10am - 11:30am

Station on the Green rink

Tobogganing on the Hill 10am - 3pmBehind the Creemore Public Library

Snow Painting 10am - 3pm

Join darci-que & emilie-que on Toboggan Hill

Opening Ceremony 11am

Olympic Torch Redux

Creemore Log Cabin 10am - 3pm Warming Hut, Hot cider, warm fire

SATURDAY

Sugar Shack & Warming Huddle 10am - 3pm 100 Mile Store

Make Your Own Love Notes Workshop 10am - 11:30am Above Affairs Bakery and Cafe (Mill Street Studio)

Messy Art - at the Library 10am - 4pm Creeemore Public Library

Snowshoeing Tours 11:30am & 12pm Guided 1 hour tours from the Log Cabin

Creemore Chili Challenge 11am - 3pm 7 Local restaurants participating

Skating at the Station 11:30am - 4pm Station on the Green rink

Street Hockey 1:30pm - 4:30pm The Old Mill House Pub

Winterama Kid's Games 11:30am - 2:30pm RAY'S PLACE

Goddess of Love Massage 10am - 4pm Discover The Path

Rejuvenate, Relax, Restore Yoga

Above Affairs Bakery and Cafe' (Mill Street Studio)

Snowman Contest - all day around the village

SUNDAY

Tobogganing on the Hill 10am - 3pm Behind the Creemore Public Library

Skating at the Station All Day
Station on the Green rink

Log Cabin Warming Hut 12pm - 3pm Hot cider, warm fire

Snowman Contest - all day around the village

MONDAY

FREE Family Skating 10am - 2pm Creemore Arena

Tobogganing on the Hill 10am - 3pm Behind the Creemore Public Library

Skating at the Station All Day Station on the Green rink

Snowman Judging & Winner Announced

Visit **experiencecreemore.com** for details



NCPS Junior Speech Contest participants Samantha Davenport, Libby Millsap, Emily Burger, Brook Dobbs, Robin Bozik, Fisher Monahan, True Martin, Aidan Hepburn, Cooper Hill and Grace Millsap.

CLEARVIEW TOWNSHIP

CLEARVIEW TOWNSHIP

SALE OF LAND BY PUBLIC TENDER

FORM 6, Municipal Act, 2001

Take Notice that tenders are invited for the purchase of the lands described below and will be received until 3:00 p.m. local time on March 5, 2014, at the Township of Clearview Municipal Office, 217 Gideon Street, Stayner.

The tenders will then be opened in public on the same day as soon as possible after 3:00 p.m. at the Township of Clearview Municipal Office, 217 Gideon Street, Stayner.

Description of Lands:

Roll No. 43 29 010 003 43857 0000; PIN 58240-0249(LT); Part Lot 31 Concession 3 Nottawasaga, designated Part 257, Plan R705; Clearview; File No. 12-05

Minimum Tender Amount: \$6,002.42

Roll No. 43 29 010 010 08201 0000; PIN 58222-0040(LT); Part Lot 14 Concession 7 Nottawasaga as in RO1114361; T/W RO1114361; Clearview; File No. 12-08

Minimum Tender Amount: \$6,343.78

Roll No. 43 29 010 012 04159 0000; PIN 58252-0131(LT); Part S1/2 Lot 37 Concession 11 Nottawasaga, designated Part 59, Plan R708; Clearview; File No. 12-10

Minimum Tender Amount: \$4,835.88

Tenders must be submitted in the prescribed form and must be accompanied by a deposit in the form of a money order or of a bank draft or cheque certified by a bank or trust corporation payable to the municipality and representing at least 20 per cent of the tender amount.

Except as follows, the municipality makes no representation regarding the title to or any other matters relating to the lands to be sold. Responsibility for ascertaining these matters rests with the potential purchasers.

This sale is governed by the *Municipal Act, 2001* and the Municipal Tax Sales Rules made under that Act. The successful purchaser will be required to pay the amount tendered plus accumulated taxes, HST if applicable and the relevant land transfer tax.

The municipality has no obligation to provide vacant possession to the successful purchaser.

For further information regarding this sale and a copy of the prescribed form of tender, visit:

www.OntarioTaxSales.ca

or if no internet access available, contact:

Lynn Williams, Tax Collector
The Corporation of the Township of Clearview
217 Gideon Street, P.O. Box 200, Stayner ON L0M 1S0
705-428-6230 Ext 227
www.clearview.ca

Clearview Township, Box 200, 217 Gideon St. Stayner, ON L0M 1S0 705-428-6230 • www.clearview.ca

NCPS speech contest results

Junior and intermediate contestants from Nottawasaga and Creemore Public School exercised their chops in front of an audience on Monday, February 9, in the annual speech competition.

Speaking about everything from stress to goal-setting to false advertising and elephants, 10 junior students and eight intermediate students vied for a chance to compete at the 2014 Public Speaking Competition at the Creemore Legion on Sunday, February 22.

Headed to the next level are:

Junior Grace Millsap 1st
Brook Dobbs 2nd
Emily Burger and Aiden Hepburn 3rd (tie)
Intermediate Janneke Watt 1st
Paolo Araya 2nd
Danny Wilson 3rd



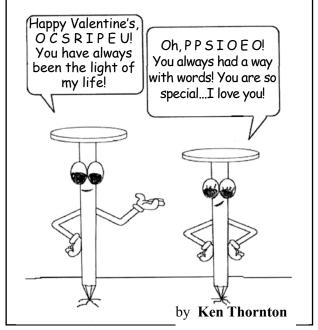
FUN& Games

$Sudoku_{\rm Barbara\ Simpson}^{\rm by}$

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	2		8					
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Answer on Classifieds page

Spike & Rusty Word Scramble _



Find this week's answer in Classifieds

CREEMORE WEEKEND WEATHER

Friday, February 14

Scattered flurries

High -3 Low -10 Winds SW 10 km/h POP 60%

Saturday, February 15

Variable cloudiness

High -9 Low -16 Winds NW 25 km/h POP 30%

Sunday, February 16

Cloudy periods

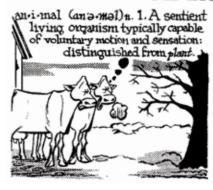
High -11 Low -16 Winds N 15 km/h POP 30%

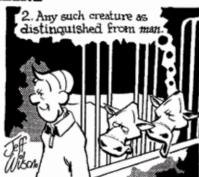


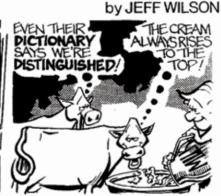


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The AVRIDGE FARM







FRED'S FUNNIES

What did the French chef give his wife on Valentine's Day?

A hug and a quiche.

Canadian Criss Cross

February 14, 2014

ACROSS

- I. Barber's concern
- 5. Having no need for a comb
- 9. Give someone anything they want to please them
- 11. Run off the tracks
- 13. Holey cheese
- 14. Hot breakfast
- 16. Have the flu 17. Judge's citation
- 19. Shuffleboard stick
- 20. Cud-chewing animal
- 22. Is dependent on
- 23. Long sharp tooth
- 24. Secret language
- 26. It carries genetic information
- 27. Music popular in the 1970s
- 28. Per annum
- 30. Scarcity
- 32. Put into words
- 33. Kick yourself for
- 34. Occupation
- 37. Unposed photograph
- 40. Senior member
- 41. Alter
- 43. Quinine water
- 45. Declare to be true
- 46. Long-headed animal
- 48. Be generous
- 49. Eve's origin
- 50. Bank book entry
- 52. Card below a jack
- 53. Former Air Canada credit card
- 55. Braggart
- 57. Be in power over
- 58. Security problem
- 59. Corduroy ridge
- 60. Freshwater duck

- 1. Business of transporting goods
- 2. At all
- of March
- 4. Summer program, often
- 5. What a certain bag is filled with
- 6. and crafts
- 7. Escape from prison
- 8. Made by moulding molten metal
- 9. Religious residence
- 10. Cure
- 11. Nameless gadget
- 12. Slide a boat into the water
- 13. Overly enthusiastic
- 15. Block brand
- 18. Stag party attendees
- 21. Kitchen appliance
- 23. Andiron
- 25. Get into shape
- 27. Overcome with fear
- 29. Potassium hydroxide
- 31. Baseball stat.
- 34. Antonym of stationary
- 35. Arch of short hair
- 36. Go back into business
- 37. Treat like a pet
- 38. Part of a monogram
- 39. Remove one's clothes
- 40. Be bold enough 42. Sticky stuff
- 44. Canadian coin
- 46. Canadian length
- 47. Number on a black ball
- 50. Affaire d'honneur 51. Ripped up
- 54. Eggs
- 56. Afternoon social

12 14 13 16 24 26 25 28 30 31 34 35 41 43 45 54 55 56 58

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February 7 answer

sweet red dessert for your sweetheart They say that Cherries Jubilee was originally of the fact that his best dishes were created on the fact that his best dis

Aaah...Valentine's Day is upon us once again, as well as the Family Day weekend.

As per usual, there is lots going on in the village this weekend with Creemore's Big Heart Days. We'll be enjoying some delicious Valentine treats from Affairs Bakery. While I certainly like to bake myself, Norma



and the girls always have such a beautiful array of goodies on display that I can't help myself. I never limit myself to just one – part of the fun is trying to narrow down my sweet selection. I tell you, I just can't help myself!

For some culinary inspiration this week, I turned to a bit of poetry:

There is a garden in her face, where roses and white lilies blow;

A heavenly paradise is that place, wherein all pleasant fruits do flow:

There cherries grow which none may buy, till "Cherry-ripe" themselves do cry.

This is taken from "Cherry-Ripe" by Thomas Campion, who lived in Elizabethan times. The references to flowers and luscious red fruit are so fitting, and rather à propos given this romantic

Cherries – coming somewhat back to Earth – are not in season right now, but are available frozen or canned. What could be a better ending to a perfect Valentine's Day meal than something deliciously red and sweet served with a bit of artistic flair – or should I say flare?

For those of you who have never tried it before. Cherries Jubilee is a relatively quick and easy way of making a dessert that will "wow" everyone. If you have never flambéed anything before, do it in the kitchen. If you have, it is great to bring to the dining table and ignite.

invented by Auguste Escoffier for Queen Victoria's Diamond Jubilee in 1897. He was the grand old French chef responsible for streamlining professional kitchens with his brigade system, which is still in use today. He also created Peach Melba in honour of Dame Nellie Melba, the famous Australian opera singer. Monsieur Escoffier once commented that his success was a result

for the ladies. What better way to celebrate Valentine's Day than my take on the original kitchen romantic's dreamy dessert?

Feedback is great and I would love to hear from you. Just email me at elaine@ avalonclearview.com.

Until next time... eat well, live well and Happy Valentine's Day to one and all....

Cherries Jubilee with almonds - Serves 4 - 6

1 600-g bag frozen dark sweet cherries (in summer use fresh pitted cherries)

2 tablespoons unsalted butter

1/4 cup white sugar

1/2 cup water (if needed)

1/4 teaspoon cinnamon

Pinch salt

1 1/2 teaspoons cornstarch

1/4 cup water

1/4 cup brandy

4 to 6 tablespoons sliced almonds, lightly toasted

Premium French vanilla ice cream

Defrost cherries in their bag until soft, retaining juice. In a medium-sized skillet over medium heat, melt two tablespoons unsalted butter. Add white sugar and stir until smooth. Add cherries with most of their juice, cinnamon and salt. Stir gently to incorporate. Reduce heat to a simmer, let mixture cook until bubbly. Whisk cornstarch with reserved cherry juice and water. Add to cherries and cook until slightly thickened. Next is the tricky but fun part... pour brandy over top of the cherries and light with a match. The alcohol in the brandy will flare up and quickly burn off. This is called flambéeing. Warning: do not lean over the pan during this process or you will lose your eyebrows (I speak from personal experience)!

Place two scoops of ice cream into individual dessert bowls. Top with cherries and sprinkle with toasted almonds. Serve immediately.

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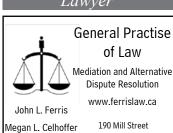


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Submit your classified ad by 5 pm Tuesday: call 705-466-9906, fax 705-466-9908 email info@creemore.com, \$15 + hst for 25 words or less

FOR SALE

HAY for sale – Small squares and 4x5' rounds of horse hay. We deliver year-round. Call Norm of Stonehedge Farms at 705-466-2607.

MOVING SALE

Sunday, February 16 at 21 Edward Street West, Creemore. Moving Sale from 9 am to 4 pm. Furniture, art, women's bicycle, planters, linens, rugs, unique dishes, A/C, space heater, hammock, wagon, lawn mower, DVDs and more. (No early birds please).

RENTALS

ROOMS for rent. Furnished. \$130 per week includes shared living room, heat, hydro, wireless internet, satellite TV, parking. Linens supplied. No smoking. Call 705-444-4852.

Nice 2 bedroom **APARTMENT** for rent at 212 Scott Street, Stayner. No smokers, no pets. \$950 plus hydro. 705-428-2535.

3 bedroom **HOUSE** in Creemore. Freshly painted. Full basement, laundry, appliances, one car garage, huge front & back yard. No smokers. \$1200 plus utilities. Available immediately. Call 705-466-3690.

DAYCARE

Building Blocks Home Daycare, full or part-time care, before or after school. Booking for September 2014. Please call to book a play date at 705-466-6355.

THANK YOU

The family of the late Lorne Stewart wish to express sincere appreciation for the many acts of kindness, messages of sympathy and support during the recent loss of our beloved husband, father and grandfather. We especially wish to thank Dr. Leslie Hutchings and the caring staff at CGMH, Rev. Wim Kreeft for his visits and conducting the service of Celebration of Lorne's life, the women of Centennial United Church who took care of the reception lunch, and the Carruthers Davidson Funeral Home for their help in taking us through this difficult time. Helen Stewart & family

Thanks you to **Cat Flack** for the cookies! They were delicious! The gang at *Creemore Echo*

Spike & Rusty: PRECIOUS POOPSIE

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6	3	9	4	1	5	2	7	8
4	6	1	2	9	7	5	8	3
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7	9	8	5	6	3	1	2	4

THANK YOU

Miss Margie and darci-que wish to thank all of the lovely little kiddies that made our event, A Very Valentine's Day, so wonderful.

Our heartfelt thank you! To our family, great friends, the Creemore Community, the staff, teachers and the beautiful students at NCPS & SCI and lastly to our entire Devil's Glen family, it is hard to put into words just how much you all mean to us!

As many of you know, our lives were turned upside down recently, after our home caught fire. It has truly been a surreal time! Our family is safe, thanks to our Guardian Angel, Sally Fraser, who saved my family's life and for this we are so ever indebted and grateful to you. This is without a doubt the most important part of this whole experience.

We would also like to say a special thanks to the first responders and to all the firefighters for your heroic efforts to try to limit the level of damage to our home.

We have been overwhelmed by the support and the generous donations of all the delicious meals, clothing for Brian and I and the kids, the cards and gifts that the kids received from their classmates (you should all be so proud of your children) and lastly to the endless amount of care and encouragement you have provided to each and every one of us. While we are devastated about the house fire, we are comforted by all of the incredible acts of kindness, the compassion and the generosity that has been shown to us since the fire and it continues each day. It has been overwhelming!

To my sister Nancy and her other half David and to our many wonderful friends who went out of their way to bring us clothing, pajamas and toothbrushes before we had even processed the fact that we didn't have ours anymore, we thank you and are speechless by your big-heartedness. To our parents, we thank you for watching our most precious belongings, our children, and ensuring they were safe and sound, but most importantly for your continued strength and support. We have a long road ahead, but it is so comforting to know that we are not alone. We are eternally grateful for everything you have all done for us. It may be a while before we get a chance to acknowledge each of you individually, but please know, that we have seen every text, listened to every voicemail, read each email, and have treasured each of the beautiful cards that have been sent. We are truly humbled by it all.

What makes a house a home are the people who live inside and when we return to our home we will come back with not only our family, but with the spirit of all of you who have helped us through this challenging time. We will never forget the incredible support you have all given us. From the bottom of our hearts, thank you. Sandra, Brian, Griffin, Anna and William Carruthers

THANK YOU

Kudos to the Mulmur Melancthon Fire **Department!** Not just three cheers, but 100 cheers for Captains Dana Prentice, Dale Tremble and the Honeywood Fire Department. When I went out to feed the horses and hens on Sunday morning, the barn was full of smoke. It was coming from a heat lamp that had fallen onto the straw in the hen's quarters. Norm called 911 and in approximately 15 minutes the trucks were here and the smoldering straw was watered down. What could have been a catastrophe was quickly averted. We all too often take our volunteer fire department for granted. How reassureing to know that we have such professional and dedicated people in our Mulmur Melancthon Fire Department.

> Ginny & Norm MacEachern Stonehedge Farm, Mulmur

RENTALS

Devil's Glen Condo/Chalet. Price reduced. Right on the slopes, ski in, ski out. Open concept, freshly decorated, 6 bedrooms, 4 baths. Living room with vaulted ceilings, fireplace and walk out to deck. Lower level walk out with family room. New Price: \$375,000.

Classifieds

work!

Call 705-466-9906 or email fred@creemore.com by Tuesday at 5 pm to have your classified ad in Friday's paper

DEATH NOTICE



ALLEN, Amelia Margaret-May (McCartney) 1989 - 2014

It is with broken hearts that we mourn the loss of Amelia on Friday, February 7, 2014 in her 25th year. Daughter of the late April (McCartney) Irwin and her husband Ronald Irwin and of Randy Allen and his wife Tammy. Loving sister of Corbin McCartney (Tori). Mourning her loss are her grandparents Wayne and Gayle (McCartney) Mullen and her uncles Paul (Wendy) McCartney and Ryan (Kerry) McCartney. Lost without her are her fuzzy friends Indica, Monkey, Disco, Zeus and Tiva. Private Family Service with spring interment at Stayner Union Cemetery where she will rest with her Mom. Remembrances to the Georgian Triangle Humane Society would be appreciated by Amelia's family. Arrangements under the direction of the Carruthers & Davidson Funeral Home – Stayner Chapel. To sign the Book of Memories, log on to www. carruthersdavidson.com

HAPPY VALENTINE'S DAY, EVERYONE!

